EarlyON Child and Family Centre in York Region

Woodbridge
140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215

Child and Family Centre

October 2026 Woodbridge Main Calendar

Please note that all locations will be closed on October 12, 2026

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Woodbridge Main Centre – 140 Woodbridge Ave, Unit E400, ON, L4L 4K9					
Morning Programs					
Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	**Play Learn & Connect** (0 to 6 years) 9:00 to 11:00 am	**Play Learn & Connect** (0 to 6 years) 9:00 to 11:00 am	**Play Learn & Connect** (0 to 6 years) **9:00 to 12:30 pm**	**Play Learn & Connect** (0 to 6 years) 9:00 to 11:00 am	**Play Learn & Connect** (0 to 6 years) 9:00 to 11:00 am
Let's Talk (0 to 6 years) 9:30 to 11:00 am	**Baby & Me** (0 to 12 months) 9:00 to 11:00 am	**Music & Movement** (0 to 6 years) 9:00 to 11:00 am		**Triple P Primary Care** (0 to 6 years) 9:30 to 11:00 am **Registration required**	Woodbridge Calendar
Afternoon Programs					
Ready Set Move (12 months to 6 years) 1:30 to 3:00 pm	**Toddler Time** (10 to 30 months) 1:30 to 3:00 pm	**Play Learn & Connect** (0 to 6 years) 1:30 to 3:00 pm			
Infant Massage (0 to 12 months) 1:30 to 3:00 pm **Registration required**	**Toddler Ready Set Move** (10 to 30 months) 1:30 to 3:00 pm				
Evening Programs					
			Play Learn & Connect (0 to 6 years) 5:30 to 7:30 pm		

Please note that programs and program times are subject to change.
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Ontario

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Early ON Child and Family Centre

October 2026 Woodbridge Mobile Calendar

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kleinburg Public Library - 10341 Islington Ave, Kleinburg, ON L0J 1C0					
		Baby Music & Movement (0 to 12 Months) 1:30 to 3:00 pm			
St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge, ON L4H 0E4					
Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	**Play Learn & Connect** (0 to 6 years) 9:00 to 11:00 am	**Play Learn & Connect** (0 to 6 years) 9:00 to 11:00 am	**Play Learn & Connect** (0 to 6 years) 9:00 to 12:30 pm	**Play Learn & Connect** (0 to 6 years) 9:00 to 11:00 am	
Toddler Time (10 to 30 months) 1:30 to 3:00 pm	**Baby Music & Movement** (0 to 12 months) 1:30 to 3:00 pm	**Toddler Ready Set Move** (10 to 30 months) 1:30 to 3:00 pm			
Fred Armstrong Parkette – 28 Woodbridge Ave, Woodbridge, ON L4L 1L2					
	Special Events **Oct 13 & 27** 9:30 to 11:00 am **See topics on Page 2**				
Vaughan Community Health Centre – 9401 Jane St Unit 106, Maple, ON, L6A 4H7					
			Play Learn & Connect (0 to 12 months) 9:00 to 11:00 am **Registration required**		Woodbridge Calendar

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Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required.
(A link will be sent by email 30 minutes prior to the start of the program)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Baby Music & Movement 1:30 to 2:15 pm **Let's Talk** 3:00 to 4:00 pm **Play Learn & Connect "Mandarin"** 3:00 to 3:45 pm	**Songs Rhymes & Stories** 1:30 to 2:15 pm	**Songs Rhymes & Stories** 1:30 to 2:15 pm **Let's Talk** 1:30 to 2:15 pm **Songs Rhymes & Stories** 2:30 to 3:15 pm		**Playful Math** 10:00 to 10:45 am **Toddler Stories Come Alive** 11:00 to 11:45 am	Woodbridge Calendar

PARENTING WORKSHOPS AND EVENTS

Outdoor Special Events at Fred Armstrong Parkette

Mud Kitchen – October 13, 2026 – 9:30 to 11:00 am - A fun, hands-on outdoor play experience where children can use pots, pans, utensils, water, soil, and natural materials to pretend to cook in nature.

Fall Family Picnic – October 27, 2026 – 9:30 to 11:00 am - Families are invited to enjoy a fun and engaging fall-themed experience together. Children and caregivers will have the opportunity to explore fall sensory bins, create fall-inspired art, participate in gross motor and bubble play, search for fall leaves, enjoy music and movement, and relax in our cozy teddy bear corner.

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Parenting Workshops and Events

Let's Talk

Dental Hygienist Visit – October 5, 2026 – 9:30 to 11:00 am - Join Summer Lewis, Registered Dental Hygienist and founder of MYO My Clinic, for a parent-friendly conversation about how breathing, oral habits, and muscle function in the face and mouth can affect a young child's sleep, feeding, and development. Families will learn about common signs to watch for, including mouth breathing, snoring, restless sleep, prolonged pacifier use, and more. Summer will also share simple, age-appropriate ways parents can encourage healthy oral development at home and explain when further support may be helpful.

About La Leche League – October 19, 2026 – 9:30 to 11:00 am - To encourage, promote, and provide breastfeeding, chest feeding, and human milk feeding. Shared support and educational opportunities are an important contribution to the health of children, families, and society.

Healthy Babies, Healthy Children – October 26, 2026 – 9:30 to 11:00 am - Join us to share information about the Healthy Babies Healthy Children Program provided by York Region. Healthy Babies Healthy Children is a home visiting program that provides eligible families with information, support, and connections to community services.

Special Guest at Kleinburg Library

Sleep Consultant Visit – October 28, 2026 – 1:30 to 3:00 pm - Abee will discuss healthy sleep foundations for infants and young children, including age-appropriate sleep needs, bedtime routines, naps, and common causes of night waking.

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Program Descriptions

Baby & Me (0 to 12 months) - You and your baby are invited to join us for songs, rhymes, and experiences designed to help you connect with your baby. Enjoy engaging conversations and sharing information on healthy child development. It's a great way to connect with your baby, other families, and educators.

Baby Music & Movement (0 to 12 months) – This program invites you and your baby to enjoy music and movement together. We'll sing songs, play with instruments, and use materials that help support healthy development
while connecting with other families and educators.

Infant Massage (0 to 12 months) - This program promotes nurturing touch and communication. It teaches parents how to massage their baby, read their baby's cues, and helps with bonding and attachment. Certified instructors will support and encourage parents to trust their abilities and intuition throughout the process. It's a great way to connect with other families and educators.

Music & Movement (0 to 6 years) - This program invites you and your child(ren) to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

Play Learn & Connect (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators.

Ready Set Move (12 months to 6 years) – This program invites you and your child(ren) to join us and get moving together! "Ready, Set, Move!" is packed with experiences to build strength, coordination, and confidence. Whether it's jumping or balancing, enjoy quality time and stay active with your child. It's a great way to connect with other families and educators.

Toddler Ready Set Move (10 to 30 months) - This program invites you and your toddler to join us and get moving together! "Ready, Set, Move!" is packed with experiences to build strength, coordination, and confidence. Whether it's jumping or balancing, enjoy quality time and stay active with your child. It's a great way to connect with other families and educators.

Toddler Time (10 to 30 months) - This program invites you and your toddler to enjoy fun learning activities together. You'll explore different materials, play, and learn, while building positive relationships. It's a great chance to bond with your child and connect with other families and educators.

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Early ON Child and Family Centre

Program Descriptions

In-Person & Virtual Parenting Programs

Triple P Primary Care (0 to 6 years) - This program offers parents or caregivers one-to-one support to help develop a parenting plan to handle specific issues (e.g., tantrums, fighting, going shopping) and build skills (e.g., eating independently, toilet training, staying in bed at night).
Registration required

Let's Talk (0 to 6 years) - Join us for the opportunity to speak with educators and other families. Topics may include child development, available community information, newcomers, and pre- and postnatal supports. Community partners may also join to offer their expertise.

Virtual Programs

Baby Music & Movement (0 to 12 months) - This program invites you and your child(ren) to explore and connect with nature in the outdoor environment. Together, we will learn to respect and appreciate the land. Dress for the weather. It's a great way to connect with other families and educators.

Play Learn & Connect (0 to 6 years) **-** This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators.
Offered in Mandarin

Playful Math (1 to 6 years) - Math is everywhere around us! This program invites you and your child(ren) to explore how math can be part of everyday play through fun activities, songs, and stories. This program helps children see and enjoy math in their daily lives. It's a great way to connect with other families and educators.

Songs, Rhymes & Stories – (0 to 6 years) – This program invites you and your child(ren) to engage in singing, rhyming, and storytelling! This program supports the development of language and literacy skills in a fun and engaging way. It's a great way to connect with other families and educators.

Toddler Stories Come Alive (10 to 30 months) - This program invites you and your toddler to join in fun activities that make stories exciting and enhance the reading experience. Families can enjoy playful learning opportunities that inspire a love for reading, encourage language development, and help build strong relationships. It's a great way to connect with other families and educators.

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