

EarlyON Child and Family Centre in York Region


Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



July 2026 Woodbridge Main Calendar

Please note that all locations are closed on July 1, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Woodbridge Main Centre – 140 Woodbridge Ave, Unit E400, ON, L4L 4K9					
Morning Programs					
Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 12:30 pm	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am
Let's Talk 9:30 to 11:00 am See topics on page 4	Playful Math (1 to 6 years) 9:00 to 11:00 am	Toddler Ready Set Move (10 to 30 months) 9:00 to 11:00 am		Triple P Primary Care 9:00 to 11:00 am	Woodbridge Calendar 
Afternoon Programs					
Parent-Child Mother Goose (0 to 12 months) 1:30 to 3:00 pm	Play Learn & Connect (0 to 6 years) 1:30 to 3:00 pm	Zumbini (1 to 6 years) 1:30 to 3:00 pm			
Ready Set Move (1 to 6 years) 1:30 to 3:00 pm	Infant Massage (0 to 12 months) 1:30 to 3:00 pm Registration required	Wonders of Nature (0 to 6 years) 1:30 to 3:00 pm			
Evening Programs					
			Journey to Kindergarten (3 & 4 years) 5:30 to 7:30 pm July 2 to August 6 Registration required		

Please note that programs and program times are subject to change.

This flyer is available in an alternative format

EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



July 2026 Woodbridge Mobile Calendar

Please note that all locations are closed on July 1, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kleinburg Public Library - 10341 Islington Ave, Kleinburg, ON L0J 1C0					
		Baby Music & Movement (0 to 12 Months) 1:30 to 3:00 pm			
St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge, ON L4H 0E4					
Play Learn & Connect (0 to 6 years) 9:30 to 12:30 am	Journey to Kindergarten (Children entering Kindergarten in September) 9:30 to 11:30 am Registration required July 7 to August 11		Play Learn & Connect (0 to 6 years) 9:30 to 12:30 pm	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	
Vaughan Community Health Centre – 9401 Jane St, Unit 106, Maple, ON L6A					
	Play Learn & Connect (0 to 6 years) 1:30 to 3:00 pm Registration required		Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am Registration required		
Veterans' Park – Woodbridge Ave, Vaughan, ON L4L 1L2					
		Stroller Walk (0 to 2 years) 1:30 to 3:00 pm No program on July 29			
Fred Armstrong Parkette – 28 Woodbridge Ave, ON L4L 1L2					
	Special Events July 7 & 21 9:30 to 11:00 See topics on Page 5	Special Event July 29 See topics on Page 5			

Please note that programs and program times are subject to change.

This flyer is available in an alternative form


EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes prior to the start of the program)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>● Play Learn & Connect "Spanish" 1:30 to 2:15 pm</p> <p>● Let's Talk 2:30 to 3:30 pm</p> <p>● Baby Music & Movement 3:30 to 4:15 pm</p>	<p>● Songs Rhymes & Stories 1:30 to 2:15 pm No programs on July 21 & 28</p> <p>● Baby Music & Movement 1:30 to 2:15 pm</p> <p>● Play Learn & Connect "Turkish" 2:30 to 3:15 pm</p>	<p>● Songs Rhymes & Stories 1:30 to 2:15 pm</p> <p>● Play Learn & Connect "Urdu" 2:00 to 2:45 pm</p> <p>● Baby Music & Movement 2:30 to 3:15 pm No programs on July 1, 2026</p>		<p>● Play Learn & Connect "Ukrainian" 11:00 to 11:45 am</p>	<p>Woodbridge Calendar</p> 

Please note that programs and program times are subject to change.

This flyer is available in an alternative format

EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



PARENTING WORKSHOPS AND EVENTS

Let's Talk at Woodbridge Main Centre

Children's Sleep Issues – July 6, 2026 – 9:30 to 11:00 am – Join us to learn why sleep problems occur and discover practical, evidence-based strategies that can help your child develop healthy sleep habits. Parents and caregivers will leave with a better understanding of children's sleep needs and at least one simple strategy they can try at home that day to help the whole family get a more restful night.

What are Loose Parts for Babies? – July 13, 2026 – 9:30 to 11:00 am – What kind of skills does Loose Parts support in early learning? How to make a Tugging box for babies?

Healthy Nutrition for Children – July 20, 2026 – 9:30 to 11:00 am – Supporting families in understanding healthy nutrition for young children. It provides simple, practical guidance on balanced meals, healthy snacks, and building positive eating habits. The session will also address common concerns such as picky eating, portion sizes, and reducing sugar intake.

About La Leche League – July 27, 2026 – 9:30 to 11:00 am - To encourage, promote, and provide breastfeeding, chest feeding, and human milk feeding. Support and educational opportunities are shared as an important contribution to the health of children, families, and society

Triple P Primary Care at Woodbridge Main Centre

Please join us on Friday mornings – 9:30 to 11:00 am - Primary Care Triple P is a brief, evidence-based, one-to-one parenting intervention that helps caregivers of children with mild to moderate behavioral or developmental concerns. We will develop and implement targeted parenting strategies through a variety of consultations. **Please join us on July 3, 10, 17, 24, 31**

Please note that programs and program times are subject to change.

This flyer is available in an alternative format

EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



Child and Family Centre

Parenting Workshops and Events

Outdoor Special Events at Fred Armstrong Parkette

Baby Music and Movement in Nature – July 7, 2026 – 9:30 to 11:00 am – Join us for a joyful outdoor music and movement experience designed for babies and their caregivers. Surrounded by the beauty of nature, little ones will explore rhythm, songs, movement, and sensory play through age-appropriate activities that encourage curiosity, connection, and development.

Music And Movement Nature Walk – July 21, 2026 – 9:30 to 11:00 am - Get ready for an adventure where music, movement, and nature come together! Children and their caregivers are invited to explore the outdoors through songs, creative movement, rhythm activities, and interactive nature discoveries.

Walking Through Nature – July 29, 2026 – 9:00 to 11:00 am

The EarlyON team is excited to welcome teachers from the Toronto and Region Conservation Authority (TRCA) for some fun activities outside in nature! We'll be exploring the local park, but with some added activities to get you and your children connected to the natural world - whether that's discovering all about plants, animals, birds, insects, and even ourselves and each other! **These special events will take place on July 29, Aug 5, and Aug 12 at Fred Armstrong Parkette, 28 Woodbridge Ave**

York Region Special Event

Join free online sessions with a York Region Public Health nutritionist to learn more about children's nutrition.

Help Your Child Get Ready for Kindergarten: Packing Lunches - Public Health – July 23, 2026

1:00 to 2:00 pm - Registration is required

Get ready for lunch and snack time routines with York Region Public Health nutrition staff! Topics will include:

- Lunch ideas and inspiration
- Supporting children with the transition to school lunches
- Litterless lunches
- Tips for making packed lunches a success

Please note that programs and program times are subject to change.

This flyer is available in an alternative format

EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



Child and Family Centre

Program Descriptions

Baby Music & Movement (0 to 12 months) - This program invites you and your baby to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

Infant Massage (0 to 12 months) - This program promotes nurturing touch and communication. It teaches parents how to massage their baby, read their baby's cues, and helps with bonding and attachment. Certified instructors will support and encourage parents to trust their ability and intuition as part of the process. It's a great way to connect with other families and educators.

Registration required

Journey to Kindergarten (3 to 4 years) - This program supports families with children entering Kindergarten in September. Weekly sessions include discussion topics for parents/caregivers while children participate in their own separate learning experiences. It connects parents/caregivers with community resources in York Region and provides a space to share ideas and parenting tools. It's a great way to connect with other families and educators. **Registration required**

Music & Movement (0 to 6 years) - his program invites you and your child(ren) to enjoy music and movement together. We'll sing songs, play with instruments, and materials that help support healthy development while connecting with other families and educators.

Parent Child Mother Goose (0 to 12 months) - This program invites you and your baby or young child to a group experience that focuses on the pleasure and power of using rhymes, songs, and stories together. You will be introduced to skills that can enhance your confidence to create positive family patterns during your child's critical early years. Everyone can benefit from enjoyable, healthy experiences with language and communication. It's a great way to connect with other families and educators.

Play Learn & Connect (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators.

Stroller Walks (0 to 2 years) - This program invites you and your child(ren) in strollers to get active and explore the community while promoting a healthy lifestyle. It's a great way to connect with other families and educators.

Toddler Ready Set Move (10 to 30 months) - This program invites you and your toddler to join us and get moving together! "Ready, Set, Move!" is packed with experiences to build strength, coordination, and confidence. Whether it's jumping or balancing, enjoy quality time and stay active with your child. It's a great way to connect with other families and educators.

Wonders of Nature (0 to 6 years) - Wonders of Nature provides families with an opportunity to discover, explore, and engage in a variety of outdoor experiences and adventures.

Please note that programs and program times are subject to change.

This flyer is available in an alternative format

EarlyON Child and Family Centres in York Region

1-866-404-2077 Ext. 217 (Aurora Centre)

905-859-9941 (King Centre)

Early_ON@socialenterprise.ca | york.ca/EarlyON



EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



Program Descriptions

Parenting and Virtual Parenting Programs

Let's Talk (0 to 6 years) - Join us for the opportunity to speak with educators and other families. Topics may include child development, available community information, newcomers, and pre- and postnatal supports. Community partners may also join to offer their expertise.

Triple P – Primary Care (0 to 6 years)- This program offers parents or caregivers one-to-one support to help develop a parenting plan to address specific issues (e.g., tantrums, fighting, going shopping) and build skills (e.g., eating independently, toilet training, staying in bed at night). You will meet with a Triple P® Provider about four times.

Virtual Programs

Baby Music & Movement (0 to 12 months) - This program invites you and your child(ren) to explore and connect with nature in the outdoor environment. Together, we will learn to respect and appreciate the land. Dress for the weather. It's a great way to connect with other families and educators

Songs, Rhymes & Stories – (0 to 6 years) – This program invites you and your child(ren) to engage in singing, rhyming, and storytelling! This program supports the development of language and literacy skills in a fun and engaging way. It's a great way to connect with other families and educators.

Play Learn & Connect (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators. **Offered in Spanish, Urdu, Turkish, and Ukrainian**

Registration is required for virtual programs

Please note that programs and program times are subject to change.

This flyer is available in an alternative format