

EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215



March 2026 Woodbridge Main Calendar

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9					
Morning Programs					
Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 12:30 pm	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am
Let's Talk 9:30 to 11:00 am See topics on page 3	Ready Set Move (1 to 6 years) 9:00 to 11:00 am	Baby Music & Movement (0 to 12 months) 9:00 to 11:00 am		Triple P (0 to 6 years) 9:30 to 11:00 am See topics on page 4	
Afternoon Programs					
Play Learn & Connect (0 to 6 years) 1:30 to 3:00 pm	Baby Messy Play (0 to 12 months) 1:30 to 3:00 pm	Parent-Child Mother Goose (0 to 12 months) 1:30 to 3:00 pm Registration required			
Play Learn & Connect "Spanish" (0 to 6 years) 1:30 to 3:00 pm Starts on March 16					
Evening Programs					
			Journey to Kindergarten (3 to 4 years) 5:30 to 7:30 pm Registration required		Woodbridge Calendar 

Please note that programs and program times are subject to change.
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March 2026 Woodbridge Mobile Calendar

St Mary is closed the week of March 16 to 20

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kleinburg Public Library - 10341 Islington Ave, Kleinburg, ON L0J 1C0					
		Baby Music & Movement (0 to 12 Months) 1:30 to 3:00 pm			
St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge, ON L4H 0E4					
Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 12:30	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	
Baby Music & Movement (0 to 12 months) 1:30 to 3:00 pm March 2 only	Infant Massage (0 to 12 months) 2:00 to 3:30 pm March 3 to April 14 Registration required	Toddler Ready Set Move (10 to 30 months) 1:30 to 3:00 pm			
Parent-Child Mother Goose (0 to 12 months) Starting March 9					
Veterans' Park – Woodbridge Ave, Vaughan, ON L4L 1L2					
	Special Events See topics on Page 4				
Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple, ON, L6A 4H7					
			Infant Massage (0 – 12 Months) 9:30 to 11:30 am Registration required		Woodbridge Calendar 

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Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes prior to the start of the program)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> ● Play Learn & Connect "Urdu" 11:00 to 11:45 am ● Songs Rhymes, & Stories 1:30 to 2:15 pm ● Songs Rhymes & Stories 2:30 to 3:15 pm ● Let's Talk 2:30 to 3:30 pm No program March 23 ● Play Learn & Connect "Punjabi" 3:30 to 4:15 pm No programs March 9 & 16 	<ul style="list-style-type: none"> ● Play Learn & Connect "Turkish" 1:30 to 2:15 pm No program March 17 & 24 ● Triple P for Baby March 24- April 14 5:00 – 6:30 pm Registration by booking a 15 min virtual intake. 	<ul style="list-style-type: none"> ● Baby Music & Movement 1:30 to 2:15 pm ● Songs Rhymes & Stories "Mandarin" 1:30 to 2:15 pm No Program March 25 	<ul style="list-style-type: none"> ● Songs, Rhymes & Stories 1:30 to 2:30 pm ● Play Learn & Connect "Cantonese" 3:30 to 4:15 pm No programs March 19 & 26 	<ul style="list-style-type: none"> ● Baby Music & Movement 10:00 to 10:45 am ● Songs, Rhymes & Stories 11:00 to 11:45 am 	<p>Woodbridge Calendar</p> 

PARENTING WORKSHOPS AND EVENTS

Let's Talk at Woodbridge Main Centre

What is Triple P – March 2, 2026 – Triple P is a research-based parenting program that provides practical strategies to help parents confidently manage their child's behaviour and foster strong, healthy family relationships. It's designed to support families at different levels of need, from general tips to more targeted guidance.

Benefits of Risky Play – March 9, 2026 – Join us for a workshop discussing the benefits of Risky Play and why it is essential for child development.

Loose Parts for Babies – March 16, 2026 - Discover the magic of Loose Parts Play, simple, everyday materials that spark imagination, sensory exploration, and creativity! Join us for a hands-on demonstration and ideas to support your baby's development through open-ended play.

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PARENTING WORKSHOPS AND EVENTS

Feeding Young Children – March 23, 2026 - Getting your child to eat healthy can be a challenge-we're here to help! Join us for tips and practical ways to support your child's healthy eating habits.

Let's Talk Healthy Sleep Habits – March 30, 2026 -Join Alana from Meta Sleep as she shares practical tips and insights on building healthy sleep habits for your little one.

Triple P at Woodbridge Main Centre

Language Development (Mandarin) – March 13, 2026 - Language development helps toddlers communicate and understand the world around them. Parents can support this growth through everyday talking, listening and interaction.

Ask Instead of Whining (Mandarin) – March 27, 2026 - Whining is common in young children but can be frustrating when it happens often. With positive guidance, parents can help toddlers learn more appropriate ways to ask for what they need.

Special Events

EarlyON Family Resource Day – March 04, 2026 – 9:00 to 11:00 am York Region partners will be on site to offer support, share resources, and connect with families throughout the program. They're here to help with questions, provide guidance, and make sure you feel supported during your "Play, Learn and Connect" Program – *At St Mary of the Angels CES*

EarlyON Family Resource Day – March 10, 2026 – 9:30 to 11:00 am York Region partners will be on site to offer support, share resources, and connect with families throughout the program. They're here to help with questions, provide guidance, and make sure you feel supported during your "Play, Learn and Connect" Program – *At Woodbridge Main Centre*

Outdoor Special Events at Veterans' Park

Outdoor Action Play and Adventure – March 10, 2026 – 9:30 to 11:00 am - Come explore our outdoor movement activities and discover how your body can move in nature. Let's run, balance, crawl, and dance as we feel the fresh Spring air around us

Nature in the Park – March 24, 2024 – 9:30 to 11:00 am - Let nature inspire your artwork and see where your ideas take you. You can paint with leaves, create pictures with sticks and stones, or use your hands to feel and design, just explore, imagine, and create!

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PARENTING WORKSHOPS AND EVENTS

March Break Special Events at Woodbridge Main Centre

Crazy Hair Day – March 16, 2026 – 9:00 to 11:00 am - Style your hair in a fun and creative, silly way!

Green Day – March 17, 2026 – 9:00 to 11:00 am - Wear green clothes or accessories

Cultural Day – March 18, 2026 – 9:00 to 11:00 am - Wear traditional clothing

Pajama Day – March 19, 2026 – 9:00 to 12:30 - Wear your favourite and comfy pajamas

Halloween in the Spring – March 20, 2026 – 9:00 to 11:00 am - Wear your favourite costume

York Region Special Events

Join free online sessions with a York Region Public Health nutritionist to learn more about children's nutrition.

Introducing solid foods to babies – The basics and beyond – March 9, 2026 – 10:00 to 11:00 am - If you are a parent or caregiver starting solids with a baby, this session will help support you every step of your baby's solid food journey!

Strategies for feeding toddlers and preschoolers – March 11, 2026 – 6:30 to 7:30 pm - Struggling with picky eating or mealtime battles? This session will help you feel more confident in navigating everyday feeding challenges and learn how to support young children in developing a positive relationship with food.

Please get in touch with your local EarlyON to register for a session!

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Program Descriptions

Baby Messy Play (0 to 12 months) - This program invites you and your baby to explore the environment with their senses to promote early learning and development. Dress for the mess and join us for interactive, hands-on activities while connecting with other families and educators.

Baby Music & Movement (0 to 12 months) – This program invites you and your baby to enjoy music and movement together. We'll sing songs, play with instruments, and use materials that help support healthy development while connecting with other families and educators.

Infant Massage (0 to 12 months) - This program promotes nurturing touch and communication. It teaches parents how to massage their baby, read their baby's cues, and helps with bonding and attachment. Certified instructors will support and encourage parents to trust their ability and intuition as part of the process. It's a great way to connect with other families and educators. **Registration required**

Journey to Kindergarten (3 to 4 years) - This program supports families with children entering Kindergarten in September. Weekly sessions include discussion topics for parents/caregivers while children participate in their own separate learning experiences. It connects parents/caregivers with community resources in York Region and provides a space to share ideas and parenting tools. It's a great way to connect with other families and educators.

Play Learn and Connect (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators.

Parent-Child Mother Goose – (0 to 12 months) - This program invites you and your baby or young child to a group experience that focuses on the pleasure and power of using rhymes, songs, and stories together. You will be introduced to skills that can enhance your confidence to create positive family patterns during your child's critical early years. Everyone can benefit from enjoyable, healthy experiences with language and communication. It's a great way to connect with other families and educators.

Ready Set Move – (1 to 6 years) - This program invites you and your child(ren) to join us and get moving together! "Ready, Set, Move!" is packed with experiences to build strength, coordination, and confidence. Whether it's jumping or balancing, enjoy quality time and stay active with your child. It's a great way to connect with other families and educators.

Toddler Ready Set Move – (10 to 30 months) - This program invites you and your toddler to join us and get moving together! "Ready, Set, Move!" is packed with experiences to build strength, coordination, and confidence. Whether it's jumping or balancing, enjoy quality time and stay active with your child. It's a great way to connect with other families and educators

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Program Descriptions

Parenting Programs

Let's Talk - Parenting is not always easy, and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

Triple P – (0 to 6 years) - This group seminar is for parents and caregivers. It offers strategies to help you help your child(ren) to become confident and successful. Find out ways to encourage your child(ren) to be respectful and considerate, communicate and get on well with others, and feel good about themselves.

Virtual Parenting Program

Let's Talk English/Mandarin - Please join us for an in-depth discussion on toilet learning. Together, we will explore practical tips and effective strategies to support a positive and successful experience for both children and their families. This is a 4-week program. March 2,9, 16, and 30th.

Triple P for Baby - This program invites new and expecting parents to learn proven strategies to help you understand your baby's needs, nurture their development, and build strong bonds as they grow. You can discover how to manage challenges like crying and sleep. You will also learn ways to take care of yourself and work with your partner. It's a great way to connect with other families and educators.

Virtual Programs

Baby Music & Movement (0 to 12 months) - This program invites you and your child(ren) to explore and connect with nature in the outdoor environment. Together, we will learn to respect and appreciate the land. Dress for the weather. It's a great way to connect with other families and educators

Songs, Rhymes & Stories – (0 to 6 years) – This program invites you and your child(ren) to engage in singing, rhyming, and storytelling! This program supports the development of language and literacy skills in a fun and engaging way. It's a great way to connect with other families and educators. Also available in Mandarin.

Play Learn & Connect (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators. Offered in Cantonese, Punjabi, Turkish, and Urdu

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