

# EarlyON Child and Family Centre in York Region

## Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9  
Tel: 1-866-404-2077 ext. 215



## September 2025 Woodbridge Main Calendar

**All locations will be closed on September 1, 2025**

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

| Monday                                                                                                | Tuesday                                                               | Wednesday                                                             | Thursday                                                                                              | Friday                                                                                                    | Saturday                                                              |
|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| <b>Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9</b>                             |                                                                       |                                                                       |                                                                                                       |                                                                                                           |                                                                       |
| <b>Morning Programs</b>                                                                               |                                                                       |                                                                       |                                                                                                       |                                                                                                           |                                                                       |
| <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am<br>Author visit<br>September 22 | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am                                 | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am<br>Special Guest on<br>September 12 | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am |
| <b>Let's Talk</b><br>9:30 to 11:00 am<br>See topics on<br>page 3                                      |                                                                       |                                                                       |                                                                                                       | <b>Fear-Less</b><br>(0 to 6 years)<br>9:30 to 11:00 am                                                    |                                                                       |
| <b>Afternoon Programs</b>                                                                             |                                                                       |                                                                       |                                                                                                       |                                                                                                           |                                                                       |
| <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>1:30 to 3:00 pm                                  | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>1:30 to 3:00 pm  | <b>Parent Child Mother Goose</b><br>(0 to 12 months)<br>1:30 to 3:00  | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>1:30 to 3:00 pm                                  |                                                                                                           |                                                                       |
| <b>Sing &amp; Sign</b><br>(0 to 12 months)<br>1:30 to 3:00 pm                                         |                                                                       |                                                                       | <b>Songs, Rhymes &amp; Stories</b><br><b>"Spanish/Ukrainian"</b><br>(0 to 6 years)<br>1:30 to 3:00 pm |                                                                                                           | Woodbridge Calendar<br>                                               |
| <b>Evening Programs</b>                                                                               |                                                                       |                                                                       |                                                                                                       |                                                                                                           |                                                                       |
|                                                                                                       |                                                                       |                                                                       | <b>Good Night Story</b><br>(0 to 6 years)<br>5:30 to 7:30 pm                                          |                                                                                                           |                                                                       |

Please note that programs and program times are subject to change.

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## September 2025 Woodbridge Mobile Calendar

**All locations will be closed on September 1, 2025**

| Monday                                                                                                | Tuesday                                                                                                                                                                              | Wednesday                                                               | Thursday                                                                                                 | Friday                                                                | Saturday                |
|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------|
| <b>Kleinburg Public Library - 10341 Islington Ave, Kleinburg ON L0J 1C0</b>                           |                                                                                                                                                                                      |                                                                         |                                                                                                          |                                                                       |                         |
|                                                                                                       |                                                                                                                                                                                      | <b>Baby Music &amp; Movement</b><br>(0 to 12 Months)<br>1:30 to 3:00 pm |                                                                                                          |                                                                       |                         |
| <b>St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge ON L4H 0E4</b> |                                                                                                                                                                                      |                                                                         |                                                                                                          |                                                                       |                         |
| <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am                                 | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am                                                                                                                | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am   | <b>Baby &amp; Me</b><br>(0 to 12 months)<br>9:00 to 11:00 am                                             | <b>Play Learn &amp; Connect</b><br>(0 to 6 years)<br>9:00 to 11:00 am |                         |
| <b>Music &amp; Movement</b><br>(0 to 6 years)<br>1:30 to 3:00 pm                                      | <b>Infant Massage</b><br>(0 to 12 months)<br>1:30 to 3:00 pm<br><b>Registration Required</b>                                                                                         | <b>Toddler Time</b><br>(10 to 30 mos)<br>1:30 to 3:00 pm                | <b>Toddler Stories Come Alive</b><br>(10 to 30 mos)<br>1:30 to 3:00 pm                                   |                                                                       |                         |
| <b>Veteran's Park – Woodbridge Ave, Vaughan, ON L4L 1L2</b>                                           |                                                                                                                                                                                      |                                                                         |                                                                                                          |                                                                       |                         |
| <b>Family Walk</b><br>(0 to 6 years)<br>9:30 to 11:00 am                                              | <b>Art in the Park</b><br>(1 to 6 years)<br>9:30 to 11:00 am<br><b>Special Event</b><br><b>(0 to 6 years)</b><br><b>September 16</b><br><b>9:30 to 11:00 am</b><br><b>See page 3</b> |                                                                         |                                                                                                          |                                                                       |                         |
| <b>Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple ON, L6A 4H7</b>                     |                                                                                                                                                                                      |                                                                         |                                                                                                          |                                                                       |                         |
|                                                                                                       |                                                                                                                                                                                      |                                                                         | <b>Baby Music &amp; Movement</b><br>(0 to 12 months)<br>9:30 to 11:30 am<br><b>Registration Required</b> |                                                                       | Woodbridge Calendar<br> |

Please note that programs and program times are subject to change.

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## Virtual Programs

| VIRTUAL PROGRAMS- Pre-registration is required.<br>(A link will be sent by email 30 minutes prior to the start of the program)                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                   |                                                                                                   |                                                                                                                                                            |                                                         |                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|----------------------------|
| Monday                                                                                                                                                                                                                                                                     | Tuesday                                                                                                                                                                                                                                                                                                                           | Wednesday                                                                                         | Thursday                                                                                                                                                   | Friday                                                  | Saturday                   |
| <p>● Play Learn &amp; Connect "Punjabi" (11:00 to 11:45 am)<br/><b>No program on September 15</b></p> <p>● Baby Music &amp; Movement 1:30 to 2:15 pm</p> <p>● Songs, Rhymes, &amp; Stories 2:00 to 2:45 pm</p> <p>● Play Learn &amp; Connect "Spanish" 2:30 to 3:15 pm</p> | <p>● Play Learn &amp; Connect "Mandarin" 1:30 to 2:15 pm</p> <p>● Family Math 2:00 to 2:45 pm</p> <p>● Toddler Stories Come Alive 2:30 to 3:15 pm</p> <p>● Stepping Stones Group 6:30 to 9:00 pm<br/><b>Sept 16 to Nov 4</b><br/><b>Register through our website &amp; Connect with Us, then click Asiye's name, add info</b></p> | <p>● Let's Talk 1:30 to 2:30 pm</p> <p>● Play Learn &amp; Connect "Cantonese" 1:30 to 2:15 pm</p> | <p>● Play Learn &amp; Connect "Turkish" 1:00 to 1:45 pm</p> <p>● Play Learn &amp; Connect "Urdu" 3:30 to 4:15 pm<br/><b>No program on September 18</b></p> | <p>● Songs, Rhymes, &amp; Stories 10:00 to 10:45 am</p> | <p>Woodbridge Calendar</p> |

## PARENTING WORKSHOPS AND EVENTS

### Let's Talk

**How to Recognize Anxiety in Young Children – September 8, 2025** – How to recognize anxiety in young children? Join Susie Lucente, a student of the Mehrit Centre, to learn how to recognize anxiety in young children and ways to help your child.

**Dental Screening – September 15, 2025** – Please join public health nurse, Carlie Herrera, to answer questions about your child's oral hygiene.

**Expressing Feelings without Aggression – September 22, 2025** – Learn why your child might be expressing aggression and ways to help them

**Play Connect for Men – September 29, 2025** – Learn, Play and Connect for Men is a parenting program designed to strengthen the bond between fathers/men and their children. The program will look at how to foster deeper connections, build parenting confidence, and encourage fathers/men to be active, nurturing role models in their children's lives.

### EarlyON Special Event

**Visit with York Region Police – September 12, 2025** – 10:00 to 11:00 am – Please join us for a wonderful visit with York Regional Police.

**Celebrate Day of Diversity at Veterans Park! – September 16, 2025** – 9:30 to 11:00 – Join EarlyON Child and Family Center for a joyful celebration of cultures and community! Experience the richness of our differences through interactive art, storytelling, and games. Come and enjoy hands-on activities for all ages. Let's come together to celebrate what makes each of us unique—and how those differences make our community stronger.

**Author Visit – September 22, 2025** – 10:30 to 11:00 am – Come and join author Louisa Chedas, who will read her new book "Your Heart's Voice" and sing some songs at Circle Time.

**Orange Shirt Day Special Event** – September 30, 2025 – 9:30 to 11:00 am – Join us in honouring National Day for Truth and Reconciliation featuring interactive learning stations focused on Indigenous teachings, culture, and history. This is an opportunity for families to learn together, reflect on the truths of the past, and take steps toward reconciliation. Explore traditional knowledge and stories in a respectful and engaging environment. Let's walk the path of understanding and healing—together. **Meet at Woodbridge Main Centre**

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## Program Description

**Baby & Me** (0 to 12 months) - You and your baby are invited to join us for songs, rhymes, and experiences designed to help you connect with your baby. Enjoy engaging conversations and information sharing on healthy child development. It's a great way to connect with your baby, other families, and educators.

**Baby Music & Movement** (0 to 12 months) – This program invites you and your baby to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

**Infant Massage** (0 to 12 months) - This program promotes nurturing touch and communication. It teaches parents how to massage their baby, read their baby's cues, and helps with bonding and attachment. Certified instructors will support and encourage parents to trust their ability and intuition as part of the process. It's a great way to connect with other families and educators. **Registration required**

**Music & Movement** (0 to 6 years) - This program invites you and your child(ren) to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

**Parent Child Mother Goose** (0 to 12 months) - This program invites you and your baby or young child to a group experience that focuses on the pleasure and power of using rhymes, songs, and stories together. You will be introduced to skills that can enhance your confidence to create positive family patterns during your child's critical early years. Everyone can benefit from enjoyable, healthy experiences with language and communication. It's a great way to connect with other families and educators.

**Play Learn & Connect** (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators. Being offered in Spanish and Ukrainian on Thursday afternoons at Woodbridge Main Centre

**Sing & Sign** (0 to 12 months) - This program invites you and your baby to an introduction to American Sign Language for hearing infants. These sessions use songs and games as a tool to include signing in everyday routines. It is an opportunity to bond with your baby while supporting language development. It's a great way to connect with other families and educators.

**Toddler Stories Come Alive** (10 to 30 months) - This program invites you and your toddler to enjoy fun learning activities together. You'll explore different materials, play, and learn while building positive relationships. It's a great chance to bond with your child and connect with other families and educators.

**Toddler Time** (10 to 30 months) - This program invites you and your toddler to enjoy fun learning activities together. You'll explore different materials, play, and learn, while building positive relationships. It's a great chance to bond with your child and connect with other families and educators.

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## Program Descriptions

### Outdoor Programs

**Art in the Park** (1 to 6 years) - This program welcomes parents, caregivers, and children to be inspired by the process of creating masterpieces together, using recyclable materials and loose parts found in nature.

**Family Walk** (0 to 6 years) - This program invites you and your child(ren) to get active and explore the community while promoting a healthy lifestyle. It's a great way to connect with other families and educators.

### Parenting Programs

**Let's Talk** - Parenting is not always easy, and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

**Fear-Less** – (30 mos to 6 years) - This six-week series of small group sessions is for families who want to learn about strategies to support their child(ren) who may be experiencing anxiety, stress, and worry. Families will receive information on how to set a good example of coping with anxiety, coaching children to become more emotionally resilient, and suggestions for developing their own toolbox of strategies. Families can choose how to support their child(ren) best as they learn to manage their anxiety more effectively.

### Virtual Parenting Program

**Let's Talk** - Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise.

**Stepping Stone Group** - This program is for families who have concerns about their child(ren)'s development. Strategies to help you manage challenging behaviours common in children who have developmental concerns will be discussed. Six sessions, which last 2 ½ hours each. Your provider will also call you at home at pre-arranged times to offer support, feedback, and ideas. This program helps encourage behaviour you like, cope with stress, develop a close relationship with your child, and teach your child new skills.

**Registration required**

### Virtual Programs

**Baby Music & Movement** (0 to 12 months) - This program invites you and your baby to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

**Playful Math** (1 to 6m years) - Math is everywhere around us! This program invites you and your child(ren) to explore how math can be part of everyday play through fun activities, songs and stories. This program helps children see and enjoy math in their daily lives. It's a great way to connect with other families and educators.

**Play Learn & Connect** (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators. Offered in Cantonese, Mandarin, Punjabi, Spanish, Turkish, and Urdu

**Songs, Rhymes, & Stories** (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together; families can hear and share songs, rhymes, and stories

**Toddler Stories Come Alive** (10 to 30 months) - This program invites you and your toddler to join in fun activities that make stories exciting and enhance the reading experience. Families can enjoy playful learning opportunities that inspire a love for reading, encourage language development, and help build strong relationships. It's a great way to connect with other families and educators.

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