Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9 Tel: 1-866-404-2077 ext. 215



October 2025 Woodbridge Main Calendar

Note: Centre will be closed on October 11 and 13, 2025

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
Woo	Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9								
Morning Programs									
Play Learn &	Play Learn &	Play Learn &	Play Learn &	Play Learn &	Play Learn &				
Connect	Connect	Connect	Connect	Connect	Connect				
(0 to 6 years)	(0 to 6 years)	(0 to 6 years)	(0 to 6 years)	(0 to 6 years)	(0 to 6 years)				
9:00 to 11:00 am	9:00 to 11:00 am	9:00 to 11:00 am	9:00 to 11:00 am	9:00 to 11:00 am	9:00 to 11:00 am				
Let's Talk 9:30 to 11:00 am See topics on page 3				Triple P Fear-Less (0 to 6 years) 9:30 to 11:00 am					
page 3		Afternoon	Programs	9.50 to 11.00 am					
Dlay Lague	Dlay Lagra	Parent Child							
Play Learn &	Play Learn &	Mother Goose	Play Learn &						
∝ Connect	Connect	(0 to 12 months)	Connect						
(0 to 6 years)	(0 to 6 years)	1:30 to 3:00	(0 to 6 years)						
1:30 to 3:00 pm	1:30 to 3:00 pm	1.30 to 3.00	1:30 to 3:00 pm						
Sing & Sign (0 to 12 months) 1:30 to 3:00 pm			Songs, Rhymes & Stories "Spanish/Ukrainian"		Woodbridge Calendar				
			(0 to 6 years) 1:30 to 3:00 pm		■679#23# 5				
		Evening P	rograms						
			Goodnight Story (0 to 6 years) 5:30 to 7:30 pm						



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October 2025 Woodbridge Mobile Calendar

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
Kleinburg Public Library - 10341 Islington Ave, Kleinburg, ON LOJ 1CO								
		Baby Music & Movement (0 to 12 Months) 1:30 to 3:00 pm						
St Mary of the	St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge, ON L4H 0E4							
Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am Special Guest October 28	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am	Play Learn & Connect (0 to 6 years) 9:00 to 11:00 am				
Music & Movement (0 to 6 years) 1:30 to 3:00 pm	Play Learn & Connect (0 to 6 years) 1:30 to 3:00 pm	Toddler Time (10 to 30 months) 1:30 to 3:00 pm	Toddler Stories Come Alive (10 to 30 months) 1:30 to 3:00 pm					
Veteran's Park – Woodbridge Ave, Vaughan, ON L4L 1L2								
Family Walk (0 to 6 years) 9:30 to 11:00 am	Art in the Park (1 to 6 years) 9:30 to 11:00 am Special Event October 21							
Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple, ON, L6A 4H7								
			Baby Music & Movement (0 to 12 months) 9:30 to 11:30 am Registration Required		Woodbridge Calendar			



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Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes prior to the start of the program)							
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Play Learn & Connect "'Punjabi" (11:00 to 11:45 am)	Play Learn & Connect "Mandarin" 1:30 to 2:15 pm	Let's Talk 1:30 to 2:30 pm Play Learn	Play Learn & Connect "Turkish" 1:00 to 1:45 pm	Let's Talk Post Partum Chats 10:00 to 10:45 am	Woodbridge Calendar		
Songs, Rhymes, & Stories 2:00 to 2:45 pm Play Learn & Connect "Spanish" 2:30 to 3:15 pm No programs on October 13	Alive 2:30 to 3:15 pm	& Connect "Cantonese" 1:30 to 2:15 pm	Play Learn & Connect "Urdu" 3:30 to 4:15 pm				

PARENTING WORKSHOPS AND EVENTS

Let's Talk

Feeding Young Children – October 6, 2025 - Getting your child to eat healthy can be a challenge. Discover ways and tips to support your child's healthy eating habits.

Toilet Learning — **October 20, 2025** — Join us for a wonderful presentation on Toilet Learning. Discover how to recognize when your child is ready for toilet learning and receive helpful tips to get them started.

Public Health Discussion – October 27, 2025 — Join Carlie Herrera for a 1:1 visit. Carlie is a Public Health nurse who will discuss topics such as Child and Family Services, infant and young child feeding, and many more wonderful resources and topics.

EarlyON Special Event

Visit with the York Region Police – October 10, 2025 – 10:00 to 11:00 am – We invite you to join us for a special visit with the York Regional Police. It's sure to be a great experience! At the Woodbridge Main Centre.

Visit with Kinark Child and Family Services – October 28, 2025 – 9:00 to 11:00 am - Kinark Child and Family Services will be offering an Autism Services information session for families at **St Mary CES**.

EarlyON Outdoor Special Event

Autumn Adventure – October 21, 2025 – 9:30 to 11:00 am - Come and enjoy a wonderful adventure at Veterans Park. There will be an adventure walk and fun activities for the whole family <u>at Veterans' Park</u>.



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Program Description

Baby Music & Movement (0 to 12 months) – This program invites you and your baby to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

Goodnight Story (0 to 6 years) - This program invites you and your child(ren) to enjoy a "Good Night Story" at the end of your day. Come dressed in pajamas and bring your favorite snuggle toy. Adding this to your bedtime routine can help your child(ren) wind down and help prepare for sleep.

Music & Movement (0 to 6 years) - This program invites you and your child(ren) to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

Parent Child Mother Goose (0 to 12 months) - This program invites you and your baby or young child to a group experience that focuses on the pleasure and power of using rhymes, songs, and stories together. You will be introduced to skills that can enhance your confidence to create positive family patterns during your child's critical early years. Everyone can benefit from enjoyable, healthy experiences with language and communication. It's a great way to connect with other families and educators.

Play Learn & Connect (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators.

Songs, Rhymes, & Stories (0 to 6 years) - This program invites you and your child(ren) to engage in singing, rhyming, and storytelling! This program supports the development of language and literacy skills in a fun and engaging way. It's a great way to connect with other families and educators. Being offered in Spanish and Ukrainian.

Toddler Stories Come Alive (10 to 30 months) - This program invites you and your toddler to enjoy fun learning activities together. You'll explore different materials, play, and learn while building positive relationships. It's a great chance to bond with your child and connect with other families and educators.

Toddler Time (10 to 30 months) - This program invites you and your toddler to enjoy fun learning activities together. You'll explore different materials, play, and learn, while building positive relationships. It's a great chance to bond with your child and connect with other families and educators.

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Program Descriptions

Outdoor Programs

Art in the Park (1 to 6 years) - This program welcomes parents, caregivers, and children to be inspired by the process of creating masterpieces together, using recyclable materials and loose parts found in nature.

Family Walk (0 to 6 years) - This program invites you and your child(ren) to get active and explore the community while promoting a healthy lifestyle. It's a great way to connect with other families and educators.

Parenting Programs

Let's Talk - Parenting is not always easy, and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

Fear-Less – (30 mos to 6 years) - This six-week series of small group sessions is for families who want to learn about strategies to support their child(ren) who may be experiencing anxiety, stress, and worry. Families will receive information on how to set a good example of coping with anxiety, coaching children to become more emotionally resilient, and suggestions for developing their own toolbox of strategies. Families can choose how to support their child(ren) best as they learn to manage their anxiety more effectively.

Virtual Parenting Program

Let's Talk - Parenting is not always easy, and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise.

Let's Talk – Post Partum Chats - This virtual program is a safe and supportive space for caregivers and families to share, connect, and learn from one another. Talk openly about your unique experiences and challenges; every story matters. With **special guest** Registered Nurse and Psychotherapist Kelley Hassanpour on **October 3, 2025**

Virtual Programs

Play Learn & Connect (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators. Offered in Cantonese, Mandarin, Punjabi, Spanish, Turkish, and Urdu

Songs, Rhymes, & Stories (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together; families can hear and share songs, rhymes, and stories

Toddler Stories Come Alive (10 to 30 months) - This program invites you and your toddler to join in fun activities that make stories exciting and enhance the reading experience. Families can enjoy playful learning opportunities that inspire a love for reading, encourage language development, and help build strong relationships. It's a great way to connect with other families and educators.

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