## Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9 Tel: 1-866-404-2077 ext. 215



# July 2025 Woodbridge Main Calendar

## All locations will be closed on July 1, 2025

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9								
Morning Programs								
Play, Learn, and Connect	Play, Learn, and Connect	Play, Learn, and Connect	Play, Learn, and Connect	Play, Learn, and Connect	Play, Learn, and Connect			
(0 to 6 years) 9:00 to 11:00 am	(0 to 6 years) 9:00 to 11:00 am	(0 to 6 years) 9:00 to 11:00 am	(0 to 6 years) 9:00 to 11:00 am	(0 to 6 years) 9:00 to 11:00 am	(0 to 6 years) 9:00 to 11:00 am			
Let's Talk 9:30 to 11:00 am See topics on page 3	Sing & Sign (0 to 12 months) 9:00 to 11:00 am			Triple P Primary Care 9:30 to 11:00 am Registration Required				
		Afternoon	Programs					
Parent Child Mother Goose (0 to 12 months) 1:30 to 3:00 pm	Play, Learn, and Connect (0 to 6 years) 1:30 to 3:00 pm	Infant Massage (0 to 12 months) 1:30 to 3:00 pm Registration Required	Baby & Me (0 to 12 months) 1:30 to 3:00					
Family Walk (0 to 6 years) 1:30 to 3:00 pm	Music & Movement (0 to 6 years) 1:30 to 3:00 pm		SunBeams (3 to 5 years) 1:30 to 3:00 Please see the website Registration Required					
Evening Programs								
			Journey to Kindergarten (40 mos to 5 years) 5:30 to 7:30 pm Registration Required		Woodbridge Calendar			

Please note that programs and program times are subject to change.

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### Woodbridge

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# July 2025 Woodbridge Mobile Calendar

## All locations will be closed on July 1, 2025

St Mary CES will be closed the week of June 30, 2025, and will reopen on July 7, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
Kleinburg Public Library - 10341 Islington Ave, Kleinburg ON LOJ 1CO								
		Baby Music & Movement (0 to 12 Months) 1:30 to 3:00 pm						
St Mary	St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge ON L4H 0E4							
Play, Learn and Connect (0 to 6 years) 9:00 to 12:00 pm	Play, Learn and Connect (0 to 6 years) 9:00 to 12:00 pm	Play, Learn and Connect (0 to 6 years) 9:00 to 12:00 pm	Play, Learn and Connect (0 to 6 years) 9:00 to 12:00 pm	Play, Learn and Connect (0 to 6 years) 9:00 to 11:00 am				
	Veteran'	s Park – Woodbridge A	ve, Vaughan ON L4L 1	L2				
Baby Music & Movement (0 to 12 months) 9:30 to 11:00 am Please meet at the park	Nature Explorers Adventure Special Event (0 to 6 years) 9:30 to 11:00 am Tuesday July 22							
Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple ON, L6A 4H7								
			Baby Music & Movement (0 to 12 months) 9:30 to 11:30 am Registration Required					
Play, Learn and Connect "Urdu" (0 to 6 years) 3:00 to 4:00 pm Registration Required No program on July 28	Play, Learn and Connect "Cantonese" (0 to 6 years) 3:00 to 4:00 pm Registration Required							
Welcome Ce	Welcome Centre Immigrant Services – 9100 Jane St, Units 56-67, Vaughan ON, L4K 0A4 (July and August only)							
Play, Learn and Connect (0 to 6 years) 9:30 to 11:30 am	Play, Learn and Connect (0 to 6 years) 9:30 to 11:30 am							
		Play, Learn and Connect (0 to 6 years) 1:30 to 3:00 pm	Play, Learn and Connect (0 to 6 years) 1:30 to 3:00		Woodbridge Calendar			

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## **July 2025 Virtual Programs**

VIRTUAL PROGRAMS- Pre-registration is required.  (A link will be sent by email 30 minutes prior to the start of the program)							
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Baby Music	Songs, Rhymes,	Playful Math	Playful Math				
& Movement	& Stories	2:30 to 3:15 pm	2:30 to 3:15 pm				
2:30 to 3:15 pm	11:00 to 11:45 am						
		Baby Music	Play, Learn & Connect				
Play, Learn & Connect	Toddler Stories Come	& Movement	Turkish"		Woodbridge Calendar		
"Spanish"	Alive	2:30 to 3:15 pm	2:30 to 3:15 pm				
2:30 to 3:15 pm	2:00 to 2:45 pm						
		Play, Learn & Connect			A ON		
Ongs, Rhymes,	Play, Learn & Connect	"Mandarin"					
& Stories	"Italian"	3:30 to 4:15 pm			E197.998.JC965		
3:30 to 4:15 pm	2:30 to 3:15 pm	_					
		Let's Talk					
	Songs, Rhymes,	6:30 to 7:30 pm					
	& Stories	July 23rd Only					
	3:00 to 3:45 pm						

#### PARENTING WORKSHOPS AND EVENTS

#### Let's Talk

W Sitting - July 7, 2025 - Learn about W-sitting - what it is, its potential benefits and drawbacks, and ways to address or correct it.

What is Learn, Play, and Connect for Men – July 14, 2025 – Learn, Play, and Connect for Men is a parenting program designed to strengthen the bond between fathers/men and their children. The program will look at how to foster deeper connections, build parenting confidence, and encourage fathers/men to be active, nurturing role models in their children's lives.

**Feeding Young Children – July 21, 2025** — Walk away with helpful ideas like stress-free mealtime strategies, age-appropriate nutrition tips, and practical solutions for picky eating. You'll also receive handouts with tips, useful websites, and a link to connect with a dietitian for further support.

What is Triple P–July 28, 2025 – Triple P stands for Positive Parenting Program. Triple P is a research-based parenting program that provides practical strategies to help parents confidently manage their child's behaviour and foster strong, healthy family relationships. It's designed to support parents at different levels of need, from general tips to more targeted guidance.

#### **EarlyON Special Event**

\*Nature Explorers Adventure\* – July 22, 2025 – 9:30 to 11:00 am - Join us for a fun outdoor program where families can explore nature through movement games, nature-themed crafts, songs, and story time in the fresh air!

July 22, 2025 – 1:00 to 2:00 pm — Virtual Program - Get ready for lunch and snack time routines with York Region Public Health nutrition staff! Topics will include Lunch ideas and inspiration, supporting children with the transition to school lunches, Litterless lunches, and Tips for making packed lunches a success. (Sessions are open to families that have children entering Year 1 or Year 2 of kindergarten) Registration required

#### **New Program**

SunBeams is a unique program to help support pre-school children experiencing Grief in their family situations (Separation, Divorce, Death, Incarceration, and Foster Care) and to heal young hearts. Please register on the website or call Joan Brenton at (905) 252-3597.

Please note that programs and program times are subject to change.

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### **Program Description**

**Baby & Me** (0 to 12 months) - You and your baby are invited to join us for songs, rhymes, and experiences designed to help you connect with your baby. Enjoy engaging conversations and information sharing on healthy child development. It's a great way to connect with your baby, other families, and educators.

**Baby Music & Movement** (0 to 12 months – This program invites you and your baby to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

**Infant Massage** (0 to 12 months) - This program promotes nurturing touch and communication and teaches parents how to massage their babies, read their babies' cues, and help with bonding and attachment. Supporting and encouraging parents to trust their abilities and intuition are part of the process. The International Association of Infant Massage (IAIM) instructors are certified to teach this program. **Registration required** 

**Journey to Kindergarten** (3 to 4 years) - This program supports families with children about to enter Kindergarten, connecting them to York Region resources, fostering idea exchange and contributing to building a strong foundation for children's learning and positive experiences. Registration Required

**Music & Movement** (0 to 6 years) - This program invites you and your child(ren) to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development while connecting with other families and educators.

Parent-Child Mother Goose (0 to 12 months) - his program is a group experience for parents and their babies and young children focusing on the pleasure and power of using rhymes, songs and stories together. Parents gain skills and confidence which can enable them to create positive family patterns during their children's crucial early years. Children benefit from enjoyable, healthy early experiences with language and communication.

**Play, Learn & Connect** (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators. For the Cantonese and Urdu programs, Registration is required

**Playful Math** (1 to 6 years) - Math is everywhere around us! This program invites you and your child(ren) to explore how math can be part of everyday play through fun activities, songs and stories. This program helps children see and enjoy math in their daily lives. It's a great way to connect with other families and educators.

Sing & Sign (0 to 12 months) - This program invites you and your baby to an introduction to American Sign Language for hearing infants. These sessions use songs and games as a tool to include signing in everyday routines. It is an opportunity to bond with your baby while supporting language development. It's a great way to connect with other families and educators.

Woodbridge Calendar



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## **Program Descriptions**

#### **Outdoor Programs**

**Family Walk** (0 to 6 years) - This program invites you and your child(ren) to get active and explore the community while promoting a healthy lifestyle. It's a great way to connect with other families and educators.

#### **Parenting Programs**

Let's Talk - Parenting is not always easy, and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

#### **Triple P Primary Care**

**Primary care** is a private and quick way to get Triple P support that targets the exact parenting problem or issue you are having (e.g., tantrums, fighting, going shopping) and supports skill development, e.g., eating independently, toilet training, or staying in bed at night.) You (and your partner if you wish) will meet with a Triple P provider about four times.

**Registration Required** 

#### **Virtual Programs**

**Baby Music & Movement** (0 to 12 months) – This program invites you and your baby to enjoy music and movement together. We'll sing songs, play with instruments and materials that help support healthy development, while connecting with other families and educators

**Let's Talk** (0 to 6 years) - Join Dr. Michelle Zemari from The Wellness Family Clinic as she discusses prenatal aches and pains, postpartum recovery, and pediatric chiropractic care

Play, Learn, & Connect (0 to 6 years) - This program invites you and your child(ren) to engage in experiences that promote early learning, social skills, and creativity. Together, you may explore songs, stories, and hands-on activities through interactive play. It's a great way to connect with other families and educators. Being offered in Italian, Mandarin, Spanish, and Turkish

**Playful Math** (1 to 6 years) - Math is everywhere around us! This program invites you and your child(ren) to explore how math can be part of everyday play through fun activities, songs, and stories. This program helps children see and enjoy math in their daily lives. It's a great way to connect with other families and educators.

**Songs, Rhymes, & Stories** (0 to 6 years) - This program invites you and your child(ren) to engage in singing, rhyming, and storytelling! This program supports the development of language and literacy skills in a fun and engaging way. It's a great way to connect with other families and educators.



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