

# EarlyON Child and Family Centre in York Region



## Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9  
Tel: 1-866-404-2077 ext. 215



## November 2024 Woodbridge Main Calendar

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9</b>					
<b>Morning Programs</b>					
<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am
<b>Let's Talk</b> 9:30 to 11:00 am <b>See topics on page 3</b>	<b>Mindful Me</b> (2 to 6 years) 9:00 to 11:00 am			 <b>Triple P Fearless</b> (2 to 6 years) 9:30 to 11:00 am	
<b>Afternoon Programs</b>					
<b>Toddler Time</b> (10 to 30 months) 1:30 to 3:00 pm	<b>Loose Parts</b> (2 to 6 years) 1:30 to 3:00 pm	<b>Move &amp; Groove</b> (0 to 6 years) 1:30 to 3:00 pm	<b>Zumbini</b> (0 to 6 years) 1:30 to 3:00 pm		
<b>Sing &amp; Sign</b> (0 to 12 months) 1:30 to 3:00 pm	<b>Songs, Rhymes, &amp; Stories "Italian"</b> (0 to 6 years) 1:30 to 3:00 pm	<b>Parent-Child Mother Goose</b> (0 to 12 Months) 1:30 to 3:00 pm	<b>Preschool Play to Learn</b> (2 to 6 years) 1:30 to 3:00 pm		
<b>Evening Programs</b>					
			<b>Good Night Story</b> (1 to 6 years) 5:30 to 7:30 pm		<small>Woodbridge Calendar</small> 

Please note that programs and program times are subject to change.

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## November 2024 Woodbridge Mobile Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Kleinburg Public Library - 10341 Islington Ave, Kleinburg ON L0J 1C0</b>					
		<b>Musical Babies</b> (0 to 12 Months) 1:30 to 3:00 pm			
<b>St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge ON L4H 0E4</b>					
<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	
<b>Parent-Child Mother Goose</b> (0 to 12 months) 2:00 to 3:30 pm	<b>Family Stay &amp; Play</b> (0 to 6 years) 2:00 to 3:30 pm	<b>Family Stay &amp; Play</b> (0 to 6 years) 2:00 to 3:30 pm	<b>Toddler Time</b> (10 to 30 months) 2:00 to 3:30 pm		
<b>Veteran’s Park – Woodbridge Ave, Vaughan ON L4L 1L2</b>					
<b>Nature &amp; Me</b> (0 to 12 months) 9:30 to 11:00 am	<b>Art in the Park</b> (1 to 6 years) 9:30 to 11:00 am				
<b>Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple ON, L6A 4H7</b>					
			<b>Parent &amp; Child Yoga</b> (2 to 6 years) 9:30 to 11:30 am <b>Registration Required</b>		<small>Woodbridge Calendar</small> 

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## November 2024 Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes prior to the start of the program)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>● Songs, Rhymes &amp; Stories "Cantonese" 10:00 to 10:45 <b>No program on November 25</b></p> <p>● Songs, Rhymes, &amp; Stories "Mandarin" 1:30 to 2:15 pm</p> <p>● Playful Math 1:30 to 2:15 pm</p>	<p>● Songs, Rhymes, &amp; Stories 1:30 to 2:15 pm</p> <p>● Songs, Rhymes, &amp; Stories "Spanish" 2:30 to 3:15</p>		<p>● Songs, Rhymes, &amp; Stories "Turkish" 1:30 to 2:15 pm</p> <p>● Songs, Rhymes, &amp; Stories 1:30 to 2:15 pm</p> <p>● Songs, Rhymes, &amp; Stories "Punjabi" 2:30 to 3:15 pm <b>No program on November 28</b></p>	<p>● Songs, Rhymes, &amp; Stories "Ukrainian" 11:00 to 11:45 am</p>	<p>Woodbridge Calendar</p>

## PARENTING WORKSHOPS AND EVENTS

### Let's Talk

**Brain Waves and Child Development with Kalpana Ganathan – November 4, 2024** – Let's discuss how the early years affect the brain and child development.

**How to Engage in Play with Children with Author Susie Beghin – November 11, 2024** – Let's discuss how parents and educators can learn to play.

**Toilet Learning with Authors Daniela Ferrante and Dina Russo De Cotlis – November 18, 2024** – Let's discuss how to transition your child from a diaper to a potty.

**Activities That Foster Independence and Interdependence with Authors Daniela Ferrante and Dina Russo De Cotlis – November 25, 2024** – Sharing tips and advice on how to help foster independence and interdependence.

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## Program Description

**Baby & Me (0 to 12 months)** – Parents, caregivers, and babies are invited to join in on conversations and information sharing on healthy child development. This program includes songs, rhymes, and activities, which encourage connections with your baby.

**Family Stay & Play (0 to 6 years)** - Parents, caregivers, and children are welcome to engage in various fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while allowing parents and caregivers to connect with others.

**Goodnight Story (1 to 6 years)** -Come dressed in pajamas bring your favorite snuggle toy and be ready for a “Good night story” to finish your fun-filled day.

**Loose Parts (2 to 6 years)** - Loose Parts uses materials from around the house! Children are invited to explore everyday objects in imaginative ways. Introducing loose parts play provides endless opportunities to develop early literacy, math, and problem-solving skills.

**Mindful Me (2 to 6 years)** -Mindful Me explores emotions and self-awareness. Children are invited to mindfulness experiences, calming strategies, and building friendships. Children have tough days too, but when we give them the tools to understand their emotions and be present in the moment, they are building habits that will influence their well-being.

**Musical Babies (0 to 12 months)** - This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

**Move & Groove (0 to 6 years)** - This program allows parents, caregivers, and their children to engage in active play that supports the development of gross motor skills while having fun. Through various experiences together we will stretch, bend, and move to music to support healthy living.

Woodbridge Calendar



**Parent-Child Mother Goose (0 to 12 months)** - This program is a group experience for parents and their babies and young children focusing on the pleasure and power of using rhymes, songs, and stories together. Parents gain skills and confidence which can enable them to create positive family patterns during their children’s crucial early years. Children benefit from enjoyable, healthy early experiences with language and communication.

**Parent-Child Yoga (2 to 6 years)** – This yoga-based parent-child program introduces mindfulness to children through yoga poses, and journeys through an exploration of fun movements, allowing each child to develop physical literacy skills and foster optimal health.

**Preschool Play to Learn (2 to 6 years)** - Parents, caregivers, and preschoolers are invited to a supportive environment that provides opportunities to discover and engage in social and interactive play to enhance every area of early learning and development.

**Sing & Sign (0 to 12 months)** - This program is an introduction to American Sign Language for hearing infants. The session uses songs and games as a tool to include signing in everyday routines. It is an opportunity to bond with your baby and support language development as well as attachment.

**Songs, Rhymes, & Stories “Italian” (0 to 6 years)** - This program welcomes all parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Italian

**Toddler Time (10 to 30 months)** - Parents, caregivers, and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development.

**Zumbini (0 to 6 years)** - Zumbini is a movement-based program that provides the opportunity for children to experience the sounds and rhythm of the music and movement. Zumbini also encourages parent-child bonding while helping to develop cognitive abilities, motor and social skills, language, and emotional well-being. It is also a fun workout for parents! **Registration Required**

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EarlyON Child and Family Centres in York Region

1-866-404-2077 Ext. 217 (Aurora Centre)

905-859-9941 (King Centre)

[Early\\_ON@socialenterprise.ca](mailto:Early_ON@socialenterprise.ca) | [york.ca/EarlyON](http://york.ca/EarlyON)



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## Program Descriptions

### Outdoor Programs

**Art in the Park** (1 to 6 years) - This program welcomes parents, caregivers, and children to be inspired by the process of creating masterpieces together, using recyclable materials and loose parts found in nature.

**Nature & Me** (0 to 6 years) - This program welcomes parents, caregivers, and children outside to explore what nature has to offer. We invite families to discover, appreciate, and respect nature by discovering sights, sounds, smells, and touch along the way. There may be an opportunity to see animals and wildlife in their natural environment.

### Parenting Programs

**Let's Talk** - Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!



**Triple P Fearless** (2 to 6 years) - Fear-Less Triple Parenting will introduce parents and caregivers to key anxiety-management strategies that support children with anxiety. Topics that will be covered include understanding how anxiety works, knowing how to help your child develop coping skills and to face feared situations, and successfully managing children's anxious behaviours.

### Virtual Programs

**Playful Math** (2 to 6 years) - Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play.

**Songs, Rhymes, & Stories** (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and Stories.

For November, **Songs, Rhymes, and Stories** is being offered in the following languages:

**Cantonese**  
**English**  
**Mandarin**  
**Punjabi**  
**Spanish**  
**Turkish**  
**Ukrainian**

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