

EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215





Child and Family Centre

May 2024 Woodbridge Main Calendar

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

All locations will be closed on May 18 and 20, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9					
Morning Programs					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am No program May 18
Let's Talk 9:30 to 11:00 am See topics on page 3	Loose Parts Play (2 to 6 years) 9:00 to 11:00 am	Move & Groove (0 to 6 years) 9:00 to 11:00 am		 Triple P Primary Care Coffee Chats 9:00 to 11:00 am See topics on Page 3	
Afternoon Programs					
Toddler Time (10 to 30 months) 1:30 to 3:00 pm	Sing & Sign (0 to 12 months) 1:30 to 3:00 pm	Messy Play (1 to 6 years) 1:30 to 3:00 pm	Journey to Kindergarten 1:30 to 3:00 pm May 9 to June 13 Registration Required		
Parent Child Mother Goose (0 to 12 months) 1:30 to 3:00 pm	Playful Math (2 to 6 years) 1:30 to 3:00 pm	Baby & Me (0 to 12 Months) 1:30 to 3:00 pm			
Evening Programs					
			Family Stay & Play (0 to 6 years) 5:30 to 7:30 pm		
			EarlyON Circle "Italian" (0 to 6 years) 5:30 to 7:30 pm		<small>Woodbridge Calendar</small> 

Please note that programs and program times are subject to change.

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Child and Family Centre

May 2024 Woodbridge Mobile Calendar

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kleinburg Public Library - 10341 Islington Ave, Kleinburg ON L0J 1C0					
		Musical Babies (0 to 12 Months) 1:30 to 3:00 pm			
St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge ON L4H 0E4					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am French Circle May 13	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am		Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	
Sing & Sign (0 to 12 months) 2:00 to 3:30 pm	Messy Play (1 to 6 years) 2:00 to 3:30 pm		Family Yoga (2 to 6 years) 2:00 to 3:30 pm		Please Note: New Program times at St. Mary of the Angels
Veteran’s Park – Woodbridge Ave, Vaughan ON L4L 1L2					
Strollers in Motion (0 to 12 months) 9:30 to 11:00 am	Family Fun Outdoors (0 to 6 years) 9:30 to 11:00 am				
Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple ON, L6A 4H7					
			Let’s Talk (0 to 6 years) 9:30 to 11:30 am May 2 only Topic on Page 3		
			Creative Chefs (2 to 6 years) 9:30 to 11:30 am Starts May 9 Registration Required		Woodbridge Calendar 

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May 2024 Virtual Programs

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes prior to the start of the program)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Songs, Rhymes & Stories 9:00 to 9:45 am</p> <p>Songs, Rhymes & Stories 10:00 to 10:45</p> <p>No Programs May 20</p>		<p>Playful Math "Ukrainian" 2:30 to 3:15 pm</p>		<p>Songs, Rhymes & Stories "Punjabi" 10:00 to 10:45 am</p> <p>No program May 24</p>	<p>Woodbridge Calendar</p>

PARENTING WORKSHOPS AND EVENTS

Let's Talk

Dental Hygiene – May 6, 2024 – Join us for a presentation with Gadia Hana, RDH, as she discusses Oral Health in children.

Toilet Training – May 13, 2024 – Have difficulty teaching your child to use the toilet? Daniela Ferrante and Dina Russo-De Cotiis will be sharing tips and advice on how to transition your child to the toilet.

Connecting Through Communication – May 27, 2024 – Guest speaker Tamara Estabrooks will be discussing connecting through communication.

Choosing Quality Childcare – May 2, 2024 – 9:30 to 11:30 am at Vaughan Community Health Centre – Join Birinder Randhawa for an informative discussion on choosing quality childcare.

Triple P Primary Care - Coffee Chats

Language – May 3, 2024 – This workshop gives some suggestions to help you encourage your toddler's language development.

Learning to use the toilet – May 10, 2024 – This workshop gives some suggestions on how to help your toddler learn to use the toilet.

Learning to cooperate – May 17, 2024 – This workshop gives some suggestions to help teach your toddler to accept limits and cooperate with instructions.

Sharing – May 24, 2024 – This workshop gives some suggestions to help teach your toddler to share.

Walking without wandering – May 31, 2024 – This workshop gives suggestions to help you teach your toddler to stay close no matter where you are.

French gathering Circle – May 13, 2024 – 10:30 to 11:00 am at St Mary of the Angles CES - Join us for a special French gathering circle with Madam Shan of French with Friends

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Program Description

Baby & Me (0 to 12 months) – Parents, caregivers and babies are invited to join in on conversations and information sharing on healthy child development. This program includes songs, rhymes and activities, which encourage connections with your baby.

Creative Chefs (2 to 6 years) - This program invites parents, caregivers and children to participate in fun and interactive early learning experiences while preparing healthy and nutritious food. Resources on healthy eating and nutrition will be made available for families.

Registration required

EarlyON Circle “Italian” (0 to 6 years) - An opportunity for families to engage in interactive songs, rhymes, stories and games. Expand your child’s learning all areas and find new ideas to explore at home. Done in Italian.

Family Yoga (2 to 6 years) - Yoga promotes a sense of well-being in the mind and body through movements that encourage balance, coordination, good posture and body awareness. Parent/caregivers will also model how to channel their emotions through the practice of deep breathing and relaxation exercises. Wear comfortable clothing.

Family Stay & Play (0 to 6 years) - Parents, caregivers, and children are welcome to engage in various fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while allowing parents and caregivers to connect with others.

Journey to Kindergarten (children entering Kindergarten) - This program supports families with children about to enter Kindergarten, connecting them to York Region resources, fostering idea exchange and contributing to building a strong foundation for children’s learning and positive experiences. **Registration Required**

Loose Parts Play (2 to 6 years) - Loose Parts Play uses materials from around the house! Children are invited to explore everyday objects in imaginative ways. Introducing loose parts play provides endless opportunities to develop early literacy, math, and problem-solving skills.

Messy Play (1 to 6 years) - This program welcomes parents, caregivers and children to engage with their senses which promote early learning and development. Join us in exploring creative messy activities while having fun.

Move & Groove (0 to 6 years) - This program provides an opportunity for parents, caregivers and their children to engage in active play that supports the development of gross motor skills while having fun. Through a variety of experiences together we will stretch, bend and move to music to support healthy living.

Musical Babies (0 to 12 months) - This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

Parent Child Mother Goose (0 to 12 months) - This program is a group experience for parents and their babies and young children focusing on the pleasure and power of using rhymes, songs and stories together. Parents gain skills and confidence which can enable them to create positive family patterns during their children’s crucial early years. Children benefit from enjoyable, healthy early experiences with language and communication.

Playful Math (2 to 6 years) - Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play. This program is being offered in Ukrainian.

Sing & Sign (0 to 12 months) - This program is an introduction to American Sign Language for hearing infants. The session uses songs and games as a tool to include signing in everyday routines. It is an opportunity to bond with your baby and support language development as well as attachment.

Toddler Time (10 to 30 months) - Parents, caregivers, and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development.

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Program Descriptions

Outdoor Programs

Family Fun Outdoors (0 – 6 years) – This program provides the opportunity to visit local parks and outdoor spaces. Parents, caregivers and children can come and enjoy some fun and interactive outdoor physical activities. Studies show that children who play outdoors are happier and healthier.

Strollers in Motion (0 to 12 months) - This program highlights moving, walking, building strength, nurturing a healthy body & mind and creativity while creating an empowering community for everyBODY!

Parenting Programs

Let's Talk - Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

Triple P Primary Care – Coffee Chats -Primary care is a private and quick way to get Triple P support that targets the exact parenting problem or issue you are having, (e.g. tantrums, fighting, going shopping; and supports skill development e.g. eating independently, toilet training or staying in bed at night.) You (and your partner if you wish) will meet with a Triple P provider about four time. Each session usually takes between 15-30 minutes. You'll go home with tip sheets to remind you of the strategies you've chosen.

Virtual Programs

Playful Math “Ukrainian” (2 to 6 years) - Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play. This program will be done in Ukrainian.

Songs, Rhymes, & Stories (0 to 6 years) - This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories.

Songs, Rhymes, & Stories “Punjabi” (0 to 6 years) - This program welcomes all parents, caregivers and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes and stories in Punjabi.

Woodbridge Calendar



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