EarlyON Child and Family Centre in York Region

Aurora Centre

40 Engelhard Dr. Unit 1 Aurora, ON L4G 6X6 1-866-404-2077 Ext. 217



May 2024 Calendar

All Aurora's main centre and mobile programs are on the Children's Services Portal in Red

All locations will be closed on May 18 and 20, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Aurora Main C	entre 40 Engelhard	l Dr. Unit 1 Aurora	ON, L4G 6X6	
		Morning P	rograms		
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am No program May 20	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am Librarian visit May 10 at 10:30 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am No program May 18
		Afternoon	Programs		
Parent & Baby Yoga (4 to 12 months) 1:30 to 3:00 pm Registration Required No Program May 20	Sing & Sign (0 to 12 months) 1:30 to 3:00 pm Registration Required	Musical Babies (0 to 12 months) 1:30 to 3:00 pm Let's Talk (0 to 6 years) 1:30 to 3:00 pm See Page 3	Baby Messy Play (0 to 12 months) 1:30 to 3:00 pm		
		Evening P	Program	-	
	Journey to Kindergarten (For children entering Kindergarten) 5:30 to 7:30 pm May 7 to June 11 Registration Required				Aurora Calendar

Please note that programs and program times are subject to change. *This flyer is available in an alternative format*

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May 2024 Aurora Mobile Calendar

All locations will be closed on May 18 and 20, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Light of Christ Catholic Elementary School – 290 McClellan Way Aurora ON L4G 6P3							
Family Stay	Family Stay	Family Stay	Family Stay	Family Stay			
& Play	& Play	& Play	& Play	& Play			
(0 to 6 years) 9:30 to 11:30 am	(0 to 6 years) 9:30 to 11:30 am	(0 to 6 years)	(0 to 6 years) 9:30 to 11:30 am	(0 to 6 years) 9:30 to 11:30 am			
No program May 20	5.50 to 11.50 am	9:30 to 11:30 am	5.50 to 11.50 am	5.50 to 11.50 am			
Toddler Time	Sensory Sensations	Toddler Time	Baby Move				
(10 to 30 months)	(1 to 6 years)	(10 to 30 months)	& Groove				
1:30 to 3:00 pm	1:30 to 3:00 pm	1:30 to 3:00 pm	(0 to 12 months)				
No Program May 20			1:30 to 3:00 pm				
	Jerome Catholic Ele	ementary School –	20 Bridgenorth Dr	. Aurora ON L6G 7	'P3		
Family Stay & Play		Family Stay & Play		Family Stay & Play			
(0 to 6 years)		(0 to 6 years)		(0 to 6 years)			
9:00 to 11:00 am		9:00 to 11:00 am		9:00 to 11:00 am			
No Program May 20							
Little Artists		Loose Parts					
(2 to 6 years)		(2 to 6 years)					
1:30 to 3:00 pm		1:30 to 3:00 pm					
No Program May 20							
	Regency Acres	Public School – 123	B Murray Dr. Auror	a ON L4G 2C7			
			Little Gym				
			(1 to 6 years)				
			8:45 to 10:15 am				
Sheppard's Bush Conservation Area – Entrance on Mary St							
	Nature & Me						
	(0 to 6 years)						
	1:30 – 3:00 pm						

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Virtual Programs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Virtual Programs- Pre-registration required. Link will be sent by email 30 min prior to the start of the program							
 Songs, Rhymes, & Stories 9:00 to 9:45 am Songs, Rhymes, & Stories 10:00 to 10:45 am No programs May 20 		 Playful Math "Ukrainian" 2:30 to 3:15 pm 		 Songs, Rhymes, & Stories "Punjabi" 10:00 to 10:45 No program May 24 	Aurora Calendar		

Parenting Workshops & EarlyON Special Events

Let's Talk

Looksee Checklist – May 1, 2024, – The Looksee Checklist is an easy-to-use developmental tool that features a short list of "yes" and "no" questions to help evaluate your child's development. This checklist can be used to evaluate what milestones your child is meeting and provides tips on how to engage your child and help them grow. Please join us for an information session on the Looksee checklist.

What is Triple P – May 8, 2024, - Triple P (positive parenting program) is one of the most effective evidence-based parenting programs in the world, backed up by more than 30 years of ongoing research. Triple p gives parents simple and practical strategies to help them build Strong, healthy relationships, confidently manage their children's behavior and prevent problems developing. Let's Talk about Triple P and what this program has to offer you as a caregiver.

Intrusive Thoughts with Kelley Hassanpour– May 15, 2024, - These are scary and unwanted thoughts about the well-being of their baby. A study in BC has shown that 100% of new mother's experience intrusive thoughts but very few talk about it or seek support for them. Most moms are left to feel that they are the only ones who experience them and think there is something wrong with them. Most mom's feel a great deal of relief once someone tells them that it is a universal experience and that there are ways to cope with them. Join us for a discussion on "Intrusive Thoughts".

General Inquiry! – May 22, 2024, - Parents, Caregivers, and families are welcome to come in to speak with a staff member for support and information. Staff are ready to provide community resources, discuss strategies, and provide support for your child and family's individual needs.

Maternal Nutrition and Breastfeeding with Denise Martin – May 29, 2024 - Join us for a Discussion on Maternal Nutrition and Breastfeeding, facilitated by Denise Martin.

Aurora Public Library:

In partnership with the Aurora Public Library, on the third Thursday of every month, the Baby Café program meets at the Lebovic Room in the library. From 10:30 to 11:30 am. Register on Eventbrite for May 16, 2024.

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PROGRAM DESCRIPTIONS

Baby Messy Play (0 to 12 months) This program welcomes parents, caregivers and babies to engage with their senses to promote early learning and development. Join us in exploring creative messy activities while having fun.

Baby Move & Groove (0 to 12 months) This program provides an opportunity for parents, caregivers and their babies to engage in active play that supports the development of gross motor skills while having fun. Through a variety of activities together we will stretch, bend and move to music to support healthy living while celebrating developmental milestones.

Family Stay & Play (0 to 6 years) Parents, caregivers, and children are welcome to engage in a variety of fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

Journey to Kindergarten (children entering kindergarten) This program supports families with children about to enter Kindergarten, connecting them to York Region resources, fostering idea exchange, and contributing to building a strong foundation for children's learning and positive experiences. **Registration Required**

Let's Talk (0 to 6 years) Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!

Little Artists (2 to 6 years) Welcome to Little Artists! This program inspires adult to nurture creative kids through easy, open-ended, and fun activities. It's the kind of activities that children will want to do over and over again.

Little Gym (1 to 6 years) Physical activity is an integral and beneficial part of any child's growth, helping to build a child's self-esteem, confidence, physical skills, and brain health. My little gym is just that...a little gym that encourages imaginative play and movement-based learning.

Loose Parts (2 to 6 years) Loose Parts play uses materials from around the house! Children are invited to explore everyday objects in imaginative ways. Introducing loose parts play provides endless opportunities to develop early literacy, math, and problem-solving skills

Musical Babies (0 to 12 months) This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials

Nature & Me (0 to 6 years) This program welcomes parents, caregivers, and children outside to explore what nature has to offer. We invite families to discover, appreciate, and respect nature through discovering sights, sounds, smells, and touch along the way. There may be an opportunity to see animals and wildlife in their natural environment.

Child and Family Centre

Parent & Baby Yoga (4 to 12 months) he many poses and exercises practiced in soothing Parent-Baby Yoga offer an abundance of benefits for both parent and baby. Yoga can help develop gross and fine motor skills, strengthen parent-baby bonding, boost emotional well being and may improve baby's sleep and digestion. This 4-week program will also promote nurturing touch and communication between a parent and child. FOR INFANTS 4 to 12 MONTHS and their PARENTS/CAREGIVERS. Registration Required

Playful Math "Ukrainian" - (2 to 6 years) Math is everywhere in our environment! We will use a variety of songs, rhymes, and activities to discover how math can be part of everyday play. This program is being offered in Ukrainian.

Sensory Sensations (1 to 6 years) This program welcomes parents, caregivers and children to join in fun activities that involve a range of sensory experiences. Families will have fun experimenting together using their sense of touch, sight, smell, taste and sound.

Sing & Sign (0 to 12 months) This program is an introduction to American Sign Language for hearing infants. The session uses songs and games as a tool to include signing in everyday routines. It is an opportunity to bond with your baby and support language development as well as attachment. **Registration Required**

Songs, Rhymes & Stories (0 to 6 years) This program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories.

Songs, Rhymes, & Stories "Punjabi" (0 to 6 years) This program welcomes all parents, caregivers and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes and stories in Punjabi.

Toddler Time (10 to 30 months) Parents, caregivers, and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development.



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