

# EarlyON Child and Family Centre in York Region

## Woodbridge



140 Woodbridge Ave Unit E400, ON L4L 4K9  
Tel: 1-866-404-2077 ext. 215



## February 2024 Woodbridge Main Calendar

All Woodbridge main and mobile programs are on the Children's Services Portal in PURPLE

**No programs on February 17 and 19 2024**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9</b>					
<b>Morning Programs</b>					
<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am
<b>Let's Talk</b> 9:30 to 11:00 am <b>See topics on page 3</b>	<b>Loose Parts</b> (2 to 6 years) 9:00 to 11:00 am	<b>Move &amp; Groove</b> (0 to 6 years) 9:00 to 11:00 am		 <b>Triple P for Baby</b> (0 to 12 months) 9:00 to 11:00 am <b>Starts January 12</b> <b>Runs till March 1</b> <b>Registration Required</b>	
<b>Afternoon Programs</b>					
<b>Children as Authors</b> (2 to 6 years) 1:30 to 3:00 pm	<b>Messy Play</b> (1 to 6 years) 1:30 to 3:00 pm	<b>Toddler Time</b> (10 to 30 months) 1:30 to 3:00 pm	<b>Family Stay &amp; Play</b> (0 to 6 years) 1:30 to 3:00 pm		
<b>Baby &amp; Me</b> (0 to 12 months) 1:30 to 3:00 pm	<b>Musical Babies</b> (0 to 12 months) 1:30 to 3:00 pm	<b>Sing &amp; Sign</b> (0 to 12 months) 1:30 to 3:00 pm	<b>Zumbini</b> (0 to 6 years) 1:30 to 3:00 pm		
<b>Evening Programs</b>					
			<b>Family Stay &amp; Play</b> (0 to 6 years) 5:30 to 7:30 pm		
			<b>Goodnight Story</b> (1 to 6 years) 5:30 to 7:30 pm <b>No program on February 29</b>		

Please note that programs and program times are subject to change.

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## February 2024 Woodbridge Mobile Calendar

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Kleinburg Public Library - 10341 Islington Ave, Kleinburg ON L0J 1C0</b>					
		<b>Musical Babies</b> (0 to 12 Months) 1:30 to 3:00 pm			
<b>St Mary of the Angels Catholic Elementary School – 351 Vellore Park Ave, Woodbridge ON L4H 0E4</b>					
<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am		<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am	
<b>Family Stay &amp; Play</b> (0 to 6 years) 1:30 to 3:00	<b>Toddler Time</b> (10 to 30 months) 1:30 to 3:00 pm		<b>Move &amp; Groove</b> (0 to 6 years) 1:30 to 3:00 pm		
<b>Veteran's Park – Woodbridge Ave, Vaughan ON L4L 1L2</b>					
<b>Nature &amp; Me</b> (0 to 6 years) 9:30 to 11:00 am	<b>Learning Through Nature</b> (2 to 6 years) 9:30 to 11:00 am				
<b>Welcome Centre Vaughan – 9100 Jane St #56, Concord ON L4K 0A4</b>					
					<b>Family Stay &amp; Play</b> (0 to 6 years) 9:00 to 11:00 am <b>Registration required</b>
<b>Vaughan Community Health Centre – 9401 Jane St Unit 206, Maple ON, L6A 4H7</b>					
			<b>Family Stay &amp; Play</b> (0 to 6 years) 9:30 to 11:30		<b>Woodbridge Calendar</b> 

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## February 2024 Virtual Programs

**No Programs February 17 and 19 2024**

VIRTUAL PROGRAMS- Pre-registration is required. (A link will be sent by email 30 minutes prior to the start of the program)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div></div><div>Songs, Rhymes &amp; Stories 9:00 to 9:45 am</div></div> <div><div></div><div>Songs, Rhymes &amp; Stories 10:00 to 10:45</div></div>	<div><div></div><div>Songs, Rhymes &amp; Stories 2:30 to 3:15 pm</div></div>	<div><div></div><div>Songs, Rhymes, &amp; Stories "Italian" 2:30 to 3:15 pm</div></div>		<div><div></div><div>Songs, Rhymes &amp; Stories "Punjabi" 10:00 to 10:45 am February 2 only</div></div>	<div>Woodbridge Calendar</div> <div></div>
PARENTING WORKSHOPS AND EVENTS					
<h3>Let's Talk</h3> <p><b>Loose Parts – February 5, 2024</b> – Leading the way in supporting the child's ability to think, promote imagination, see solutions, and bring a sense of adventure and excitement to your child's play.</p> <p><b>Toilet Learning – February 12, 2024</b> - Having difficulty teaching your child to use the potty? Daniela Ferrante and Dina Russo-De Cotiis will be sharing tips and advice on how to transition your child to the toilet.</p> <p><b>Pelvic Health – February 26, 2024</b> – Join us with The Nest Health's Pelvic Health Physiotherapist Extraordinaire, as she shares information about pelvic floor physio and navigating the joys and difficulties of motherhood.</p>					

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## Program Descriptions

**Baby & Me** (0 to 12 months) – Parents, caregivers, and babies are invited to join in on conversations and information sharing on healthy child development. This program includes songs, rhymes, and activities, which encourage connections with your baby.

**Children as Authors** (2 to 6 years) - This program encourages preschoolers to create stories and draw pictures with their parents and caregivers. Each child will have the opportunity to sit in the author's chair and share their own book with the group.

**Family Stay & Play** (0 to 6 years) - Parents, caregivers, and children are welcome to engage in various fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while allowing parents and caregivers to connect with others.

**Goodnight Story** (1 to 6 years) - Come dressed in pajamas bring your favorite snuggle toy and be ready for a "Good night story" to finish your fun-filled day.

**Loose Parts** (2 to 6 years) - Loose Parts play uses materials from around the house! Children are invited to explore everyday objects in imaginative ways. Introducing loose parts play provides endless opportunities to develop early literacy, math, and problem-solving skills.

**Messy Play** (1 to 6 years) - This program welcomes parents, caregivers, and children to engage with their senses, which promotes early learning and development. Join us in exploring creative messy activities while having fun.

**Move & Groove** (0 to 6 years) - This program provides an opportunity for parents, caregivers, and their children to engage in active play that supports the development of gross motor skills while having fun. Through a variety of experiences together we will stretch, bend, and move to music to support healthy living.

**Musical Babies** (0 to 12 months) - This program welcomes parents, caregivers, and babies to experience music together. Families will gather and sing songs, learn rhymes, and use a variety of musical instruments, props, and materials.

**Sing & Sign** (0 to 12 months) - This program is an introduction to American Sign Language for hearing infants. The session uses songs and games as a tool to include signing in everyday routines. It is an opportunity to bond with your baby and support language development as well as attachment.

**Toddler Time** (10 to 30 months) - Parents, caregivers, and toddlers are welcome to play together and discover the world through their senses. The nurturing environment enhances learning experiences that support healthy child development.

**Zumbini** (0 to 6 years) - Zumbini is a movement-based program that provides the opportunity for children to experience the sounds and rhythm of the music and movement. Zumbini also encourages parent-child bonding while helping to develop cognitive abilities, motor and social skills, language, and emotional well-being. It is also a fun workout for parents!

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## Program Descriptions

### Outdoor Programs

**Learning Through Nature** (2 – 6 years) - Learning Through Nature is a program that focuses on the splendor and beauty of nature that is all around us. This program aims to promote young children's learning through an awareness and love of nature. We're bringing nature inside, but let's think outside - no box required!

**Nature and Me** (0 to 6 years) - This program welcomes parents, caregivers, and children outside to explore what nature has to offer. We invite families to discover, appreciate, and respect nature by discovering sights, sounds, smells, and touches along the way. There may be an opportunity to see animals and wildlife in their natural environment.

### Parenting Programs

**Let's Talk** - Parenting is not always easy and it helps to know we are not alone. This program provides time for parents/caregivers to come together to network and share their parenting experiences and challenges. Community partners may also join to offer their expertise. Settle in for an hour just for you!



### **Triple P for Baby**

Triple P for Baby aims to prepare parents for a positive transition to parenthood and the first year with the baby, by promoting sensitive and responsive care. Parents actively participate in a range of exercises to learn strategies to develop a positive relationship with their baby promote their baby's development and help teach their baby new skills and behaviors.

### Virtual Programs

**Songs, Rhymes, & Stories** (0 to 6 years) - his program welcomes parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories.

**Songs, Rhymes, & Stories "Italian"** (0 to 6 years) - This program welcomes all parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Italian.

**Songs, Rhymes, & Stories Punjabi** (0 to 6 years) his program welcomes all parents, caregivers, and children to experience a variety of stories and musical activities. Music brings the community together and families will have the opportunity to hear and share songs, rhymes, and stories in Punjabi.

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