

EarlyON Child and Family Centre in York Region

Woodbridge

140 Woodbridge Ave Unit E400, ON L4L 4K9
Tel: 1-866-404-2077 ext. 215




Child and Family Centre

February 2023 Calendar

All Woodbridge's main centre and mobile programs are on the Children's Services Portal in PURPLE

No programs on February 18th & 20th for Family Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Woodbridge Main Centre – 140 Woodbridge Ave Unit E400, ON, L4L 4K9					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am
Zumbini (0 to 6 years) 1:30 to 3:00 pm Registration required	Fun with STEAM (2 to 6 years) 1:30 to 3:00 pm	Musical Babies (0 to 12 months) 1:30 to 3:00 pm	 Triple P Family Transitions 1:30 to 3:00 pm February 2 nd & 9 th Registration required Parenting Programs February 16 th & 23 rd		
Baby Move & Groove (0 to 12 months) 1:30 to 3:00 pm			Family Stay & Play (0 to 6 years) 5:30 to 7:30 pm		
Woodbridge Public School - 60 Burwick Ave, Woodbridge ON L4L 1J7					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Move & Groove (0 to 6 years) 9:00 to 11:00 am	
Move & Groove (0 to 6 years) 1:30 to 2:45 pm	Musical Babies (0 to 12 months) 1:30 to 2:45 pm	Playful Math (2 to 6 years) 1:30 to 2:45 pm	Baby Messy Play (0 to 12 months) 1:30 to 2:45 pm		
Kleinburg Public Library - 10341 Islington Ave, Kleinburg ON L0J 1C0					
		Musical Babies (0 to 12 Months) 1:30 to 3:00 pm			
Veteran's Park - Woodbridge Ave, Vaughan, ON L4L 1L2					
			Art in The Park (1 to 6 years) 1:30 to 3:00 pm	Art in the Park (1 to 6 years) 9:30 to 11:00 am	
Welcome Centre Vaughan – 9100 Jane St #56, Concord ON L4K 0A4					
					Family Stay & Play (0 to 6 years) 9:00 to 11:00 am Registration required

Please note that programs and program times are subject to change.

This flyer is available in an alternative format

EarlyON Child and Family Centres in York Region - Mobile Information

1-866-404-2077 Ext. 217 (Aurora Centre)

905-859-9941 (King Centre)

Early.ON@socialenterprise.ca | york.ca/EarlyON



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PROGRAM DESCRIPTIONS

Art in the Park (1 to 6 years) This program welcomes parents, caregivers, and children to be inspired by the process of creating masterpieces together, using recyclable materials and loose parts found in nature.

Baby Messy Play (0 to 12 months) This program welcomes parents, caregivers and babies to engage with their senses to promote early learning and development. Join us in exploring creative messy activities while having fun.

Baby Move & Groove (0 to 12 months) This program provides an opportunity for parents, caregivers and their babies to engage in active play that supports the development of gross motor skills while having fun. Through a variety of activities together we will stretch, bend and move to music to support healthy living while celebrating developmental milestones.

Family Stay & Play (0 to 6 years) Parents, caregivers, and children are welcome to engage in a variety of fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

Fun with STEAM (2 to 6 years) This program invites parents, caregivers, and children to explore STEAM skills and concepts in a group setting. STEAM (science, technology, engineering, art, and math) learning happens every day as children investigate, play, communicate, and try new things.

Move & Groove (0 to 6 years) This program provides an opportunity for parents, caregivers, and their children to engage in active play that supports the development of gross motor skills while having fun. Through a variety of experiences together we will stretch, bend and move to music to support healthy living.

Musical Babies (0 to 12 months) This program welcomes parents, caregivers, and babies to experience music together. Families will gather together and sing songs, learn rhymes and use a variety of musical instruments, props, and materials

Playful Math (2 to 6 years): Math is everywhere in our environment! We will use a variety of songs, rhymes, and program that introduces mindfulness to children through yoga poses, and journeys through an exploration of fun movements, allowing each activity how math can be part of everyday play

Zumbini (0 to 6 years) Zumbini is a movement-based program that provides the opportunity for children to experience the sounds and rhythm of music and movement. Zumbini also encourages parent-child bonding while helping to develop cognitive abilities, motor and social skills, language, and emotional well-being. It is also a fun workout for parents!

Registration required

PARENTING WORKSHOPS



Triple P:

Family Transition-January 12 to February 9. (EarlyON Woodbridge Main site)
Family Transitions is a scientifically researched family support strategy designed to help divorced or separated parents improve their parenting skills and build positive relationships with their children. **(Registration is required)**

Fear Less- On-going-(EarlyON Woodbridge Main site): Fear-Less Triple Parenting was developed to help anxious children and their parents. Everyone experiences anxiety, stress and worry from time to time. However, for some, anxiety, stress and worry can overwhelm day to day lives. This Fear-Less series offers parents support with:

- Learning what anxiety is and how it develops?
- Develop strategies to encourage children to express, tolerate and manage their upsetting emotions.
- Create a step by step coping plan

(registration required)

Parenting Programs:

February 16th – **The Importance of Risky Play**
February 23rd – **E.R.I.K.**

The above programs are being offered at the EarlyON Woodbridge Main site

In partnership with the Aurora Public Library, on the third Thursday of every month **Baby Café** program meets at the Lebovic Room in the library.

Register on Evenbrite for the February 16th session

VIRTUAL PROGRAMS – Pre-registration required

Monday	Tuesday	Wednesday	Thursday	Friday
Playful Math 2:30-3:15 pm	Songs Rhymes & Stories 10:00–10:45 am	Songs Rhymes & Stories 10:00–10:45 am	Mandarin Songs Rhymes & Stories 11:00-11:45am	
		Songs, Rhymes & Stories 2:30-3:15p	Little Artist 1:30-2:15 pm	
			Urdu Songs, Rhymes & Stories 2:30-3:15 PM	

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