

EarlyON Child and Family Centre in York Region

Aurora Centre

40 Engelhard Dr. Aurora, Unit #1, ON L4G 6X6
Tel: 866-404-2077 ext. 217



February 2023 Calendar

All Aurora's main centre and mobile programs are on the Children's Services Portal in RED

No programs February 18th & 20th for Family Day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aurora's Main Centre – 40 Engelhard Dr Aurora ON L4G 6X6					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am <i>Police visit at 10:00 am each week</i>	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am <i>Feb 10th Librarian visit at Circle Time</i>	Family Stay & Play (0 to 6 years) 9:00 to 11:00 am
Baby Messy Play (0 to 12 months) 1:30 to 3:00 pm	Parent & Baby Yoga (4 to 12 months) 1:30 to 3:00 pm <i>Pre-registration required</i>	Creative Chefs (2 to 6 years) 1:30 to 3:00 pm	Little Artists (2 to 6 years) 1:30 to 3:00 pm		
	Goodnight Story (1 to 6 years) 5:30 to 7:30 pm				
Light of Christ Catholic Elementary School – 290 McClellan Way Aurora ON L4G 6P3					
Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	Family Stay & Play (0 to 6 years) 9:30 to 11:30	Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	
Little Gym (1 to 6 years) 1:30 to 3:00 pm	Fun with Science (1 to 6 years) 1:30 to 3:00 pm	Musical Babies (0 to 12 months) 1:30 to 3:00 pm	Baby & Me (0 to 12 months) 1:30 to 3:00 pm		
St. Jerome Catholic Elementary School – 20 Bridgenorth Dr. Aurora ON L6G 7P3					
Family Stay & Play (0 to 6 years) 9:00 to 11:00 am		Family Stay & Play (0 to 6 years) 9:00 to 11:00 am		Family Stay & Play (0 to 6 years) 9:30 to 11:30 am	
Messy Play (1 to 6 years) 1:30 to 3:00 pm		Baby Move & Grove (0 to 12 months) 1:30 to 3:00 pm			
Regency Acres Public School – 123 Murray Dr. Aurora ON L4G 2C7					
			Parent & Child Yoga (2 to 6 years) 8:45 to 10:15 am		
Sheppard's Bush Conservation Area – Entrance on Mary St					
	Fun in the Snow (0 to 6 years) 1:30 – 3:00 pm				

Please note that programs and program times are subject to change.

This flyer is available in an alternative format

EarlyON Child and Family Centres in York Region

905-859-9941 (King Centre)

1-866-404-2077 Ext: 215 (Woodbridge Centre)

Early.ON@socialenterprise.ca | york.ca/EarlyON



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PROGRAM DESCRIPTIONS

Baby and Me (0 to 12 months)

Parents, caregivers, and babies are invited to join in on conversations and information sharing on healthy child development. This program includes songs, rhymes, and activities, which encourage connections with your baby.

Baby Messy Play (0 to 12 months)

This program welcomes parents, caregivers and babies to engage with their senses to promote early learning and development. Join us in exploring creative messy activities while having fun.

Baby Move & Groove (0 to 12 months)

This program provides an opportunity for parents, caregivers, and their babies to engage in active play that supports the development of gross motor skills while having fun. Through a variety of activities together we will stretch, bend and move to music to support healthy living while celebrating developmental milestones.

Creative Chefs (2 to 6 years)

This program invites parents, caregivers, and children to participate in fun and interactive early learning experiences while preparing healthy and nutritious food. Resources on healthy eating and nutrition will be made available for families.

Family Stay & Play (0 to 6 years):

Parents, caregivers, and children are welcome to engage in a variety of fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

Fun with Science (1 to 6 years):

Every child is a born scientist! This program offers fun, hands-on, interactive, and educational science experiments and ideas for the whole family.

Fun in the Snow (0 to 6 years):

This program welcomes parents, caregivers, and children outside to explore what winter has to offer. Participate in various winter activities such as going on a nature walk, digging and building in the snow, and circle time. Please dress appropriately in winter clothing as the program is completely outdoors.

Goodnight Stories (1 to 6 years):

Come dressed in pajamas and bring your favorite snuggle toy and be ready for a "Good night story" to finish your fun-filled day.

Little Artist (2 to 6 years):

Welcome to Little Artists! This program inspires the adult to nurture creative kids through easy, open-ended, and fun activities. It's the kind of activities that children will want to do over and over again.

Little Gym (1 to 6 years)

Physical activity is an integral and beneficial part of any child's growth, helping to build a child's self-esteem, confidence, physical skills, and brain health. My little gym is just that...a little gym that encourages imaginative play and movement-based learning.

Messy Play (1 to 6 years)

This program welcomes parents, caregivers, and children to engage with their senses which promotes early learning and development. Join us in exploring creative messy activities while having fun.

Musical Babies (0 to 12 months):

This program welcomes parents, caregivers, and babies to experience music together. Families will gather together and sing songs, learn rhymes and use a variety of musical instruments, props, and materials.

Parent & Baby Yoga (4 to 12 months):

The many poses and exercises practiced in soothing Parent-Baby Yoga offer an abundance of benefits for both parent and baby. Yoga can help develop gross and fine motor skills, strengthen parent-baby bonding, boost emotional well being, and may improve a baby's sleep and digestion. This 4-week program will also promote nurturing touch and communication between a parent and child. FOR INFANTS 4 to 12 MONTHS and their PARENTS/CAREGIVERS.

Parent & Child Yoga (2 to 6 years)

This yoga-based parent-child program introduces mindfulness to children through yoga poses, and journeys through an exploration of fun movements, allowing each child to develop physical literacy skills and foster optimal health.

PARENT WORKSHOPS

In partnership with the Aurora Public Library, on the third Thursday of every month **Baby Café** program meets at the Lebovic Room in the library. **Register on Evenbrite for the February 16th session**



Triple P: Family Transition – January 12 to February 9. (5 Sessions)

Family Transitions is a scientifically researched family support strategy designed to help divorced or separated parents improve their parenting skills and build positive relationships with their children. **(Registration is required)**

Parenting Programs: February 16th – The Importance of Risky Play

February 23rd – E.R.I.K.

Fear Less- On-going: Fear-Less Triple Parenting was developed to help anxious children and their parents. Everyone experiences anxiety, stress and worry from time to time.

However, for some, anxiety, stress and worry can overwhelm day to day lives. This Fear-Less series offers parents support with:

- Learning what anxiety is and how it develops?
- Develop strategies to encourage children to express, tolerate and manage their upsetting emotions.
- Create a step by step coping plan **(registration required)**

The above programs are being offered at the Woodbridge Main Site in person.

VIRTUAL PROGRAMS – ^{NEW} Pre-registration required

Monday	Tuesday	Wednesday	Thursday	Friday
● Playful Math 1:30 – 2:15 pm	● Songs Rhymes & Stories 10:00–10:45 am	● Songs, Rhymes & Stories 10:00–10:45 am	● Mandarin Songs, Rhymes & Stories 11:00-11:45 am	
		● Songs, Rhymes & Stories 2:30-3:15 pm	● Little Artist 1:30-2:15 pm	
			● Urdu Songs, Rhymes & Stories 2:30 – 3:15 pm	

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